

SDBP Society for Developmental & Behavioral Pediatrics **Behavioral Developments**

The Newsletter of the SDBP

Dear Members,

Welcome to our brief, summer issue of the newsletter!

First off, we wanted to highlight the **“I am DBP” video campaign**. These videos were created at last year’s annual meeting and highlight the amazing work that we do in Developmental-Behavioral Pediatrics. The full range of videos can now be viewed on our YouTube channel: Society for DBP. Please check them out at the link below.



[SDBP YOUTUBE Jeffrey Yang](#)

This issue contains several important pieces related to the **annual meeting**, including information on the **Capitol Hill visits**, updates from the **Education Committee and Psychology Section**, and the current schedule at-a-glance. Also in this issue, please check out a wonderful **trainee spotlight on Manoj Nair, MD** and expanded match statistics from the **Fellowship Training Section**.

Finally, we want to send out a **BIG congratulations to our Twitter team** for reaching **500 followers!** Our team has been very active over the past few years and has steadily worked to improve the visibility of our society on social media.

As always, feel free to send us any feedback or newsworthy information to include as you see fit! We welcome submissions from all members and would love to hear from you! **The next submission deadline for content will be October 15, 2019.** Questions about submissions can be sent to schlenz@musc.edu.

Thank you!



Newsletter Team: Alyssa Schlenz, Shruti Mittal (co-editors, left to right), Janice Wilkins (Association Manager), and Meg Gorham (Newsletter Designer)

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Annual Meeting: Capitol Hill Visit Information

Advocate & Elevate with SDBP on Capitol Hill!

SDBP 2019 Legislative Experience will take place during the SDBP Annual Meeting in Washington DC **September 16th**.

Don't miss this unique opportunity to represent #DBPeds on Capitol Hill and help educate our elected officials and staff about a policy issue relevant to DBP!

Step 1: Register for Capitol Hill Visits

- Sign up for capitol hill visits when you register for the annual meeting:
<https://www.sdbp.org/secure/mtg/>
- We encourage participants to sign up by **August 26th** to have enough time to schedule a meeting with your legislator.

Step 2: Watch a Brief Webinar

- The Advocacy Legislative Webinar will be sent to you after registration for the annual meeting is complete.
- The Webinar is a step by step guide on how to identify your legislators and schedule a visit to their office.

Step 3: Schedule a (group) visit with your elected official

- This will need to be done **prior** to the conference.
- Groups are welcome! We will help connect people from each state to schedule appointments together with their congressional representatives.



Step 4: SDBP goes to Capitol Hill! Monday Sept 16th, 10:45am to 4pm

- Concurrent Session: “We’re Just a Field Advocating on Capitol Hill”
 - Preparation for Capitol Hill Visits: 10:45 AM – 11:45 AM (*mandatory*)
 - We’ll prepare you with all you need to know for hill visits: key talking points for our unified “ask”, leave-behinds, and tips to make the most of your meeting with members of congress.
- Visit to Capitol Hill: 12:30 PM
- Debriefing: 3pm
 - After the Capitol Hill visits, we will return to the hotel for a short debriefing session and have you ready to head home no later than 4pm

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Annual Meeting: Education and Psychology Updates

TIME		
1:00-1:10pm	Welcome & Orientation/Introduction	
	Room 1	Room 2
BREAKOUT SESSION 1 1:10-2:40pm	Parent Power: Em“Power”ing Pediatric Resident Parents	Ditching the (Traditional) Didactic: Using Neuroscience to Maximize Learning
2:40-2:45		
BREAKOUT SESSION 2 2:45-4:15pm	Teaching the A, B, C’s (Self-Awareness, Bias, and Curiosity) to Promote Compassionate Communication and Effective Partnerships with Families	Page to Stage: Delivering the Science of Early Child Development through an Online, Animated Residency Curriculum
4:15-4:35	<i>Break with Refreshments</i>	
BREAKOUT SESSION 3 4:35-6:05pm	Teaching Pediatric Residents to Promote Positive Parent-Infant Interactions in Children Ages 0-2 Years from Low Income Families During Routine Well Child Pediatric Encounters	Innovations in NICU Follow-Up Education: Harnessing the Power of Flipped Classroom and Interdisciplinary Teams
6:05-6:10		
GENERAL SESSION 6:10-7:40pm	Doomsday Prepping: Preparing for a World without (Enough) Board-Certified Developmental-Behavioral Pediatricians	

SDBP Annual Meeting 2019

Education Committee

The education committee is pleased to offer the SDBP Teaching DBPeds Workshop before the annual meeting in Washington, DC this year, on Friday, September 13, 2019, from 1:00 to 7:40 pm.

Description of the sessions offered can be found on the SDBP meeting website at: http://www.sdbp.org/meetings/TeachWorkshop_Sched_descrip2019.pdf.

Psychology Section

We are excited to announce our inaugural **Psychology Trainee Poster Award!** Psychology students, interns, and fellows who are the first author of a poster being presented at this year's annual meeting will be eligible for consideration of this award. The award winner will be formally recognized at the Psychology Section gathering during the annual meeting.

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SDBP 2019 Annual Meeting - September 12-16, 2019 Washington Hilton, Washington, DC

Tentative (2) Schedule-at-a-Glance

Thursday 9/12

11:00am – 6:00pm

Board of Directors

4:00pm – 8:00pm

Research Scholars Symposium

Friday 9/13

7:30am – 12:45pm

Research Scholars Symposium

8:00am – 5:00pm

SDBP/NAPNAP Symposium:
Psychopharmacology for Children
and Adolescents with
Developmental Disability:
Prescribe Medication without
Frustration

1:00pm – 7:40pm

Education Workshop
Teaching Developmental-
Behavioral Pediatrics

1:00 – 4:00pm

Half Day Workshops

- A: Integrating Research into
Your Clinical Practice
- B: Practitioner's Guide to
Psychological Assessment
Issues in Developmental-
Behavioral Pediatrics
- C: What Are You? Racial and
Ethnic Identity Develop-
ment in Children,
Adolescents and Adults

3:00pm – 9:00pm

Board of Directors

Saturday 9/14

8:00am – 10:00am

Board of Directors

9:00am – 12:00pm

Half-Day Workshops

D: A Higher Calling: Advocacy
Skills for Capitol Hill
and Beyond

E: Psychological First Aid for
the Busy Physician...

F: Helping Families and
Ourselves Cope with
Challenging Diagnoses...

G: Applying the Spectrum of
Obesity Treatments...

H: Transition Planning for
Youth with Neuro-
developmental Diagnoses...

1:00pm – 1:45pm

Welcome & Presidential
Address

1:45pm – 2:30pm

ADHD Complex
Guidelines Plenary

2:45pm – 4:15pm

2 concurrents:
-SDBP Clinical Practice
Guideline...ADHD
-Prescribing Disability Pride

4:30pm – 5:30pm

Section Meetings: APN /
Psychology/
Fellowship Training

5:00pm – 7:00pm

Exhibits

5:30pm – 7:00pm

Opening Reception including:
New Member/First Time Attendee
& Mentor/Mentee meet ups;
Poster Session I:
Meet the Author

7:00pm – 8:00pm

SIG Meetings: ADHD/ Autism /
International / Early Childhood

Sunday 9/15

7:00am – 8:50am

Committee Meetings:
Research/Education/
Communications

8:30am – 7:00pm

Exhibits

9:00am – 10:30am

Lectureship Presentation:
Fostering the Development of
Social Competencies—It's More
Than Teaching Social Skills
Michelle Garcia Winner, MA,
CCC-SLP

10:45am – 12:15pm

3 concurrents:
-Lectureship Concurrent
-ADHD SIG

-Platform Session: ACES/
Psychosocial Stressors

12:15pm – 1:45pm

Lunches:
-Trainee/Recent Grad Mtg
-JDBP Editorial Board Lunch

1:45pm – 3:15pm

3 concurrents:
-The Border is Here...
-Processing Puberty with
Biopsychosocial Approach...
-Platform Session: Evaluation
of DBP Disorders

3:30pm – 5:00pm

4 concurrents:
-How to be an Autism Expert In
the Internet Age
-Working with Children who are
Deaf/Hard of Hearing...
-Poster Symposium: Psycho-
pharmacology Related Studies
-Platform: Reading & Media

5:00pm – 6:00pm

Members Meeting/
Incoming Presidential Address

6:00pm – 7:00pm

Poster Session II:
Meet the Author

7:00pm – 10:00pm

Social Dinner

Monday 9/16

7:00am – 8:50am

Committee Meetings:
Membership / Practice Issues/
Past Presidents/ Advocacy

8:30am – 12:00pm

Exhibits

9:00am – 10:30am

3 concurrents:
-Business side of DBP: 2019
coding updates...
-Early Childhood SIG
-Platform Session: System issues
Autism/ Neurodevelopmental
Disorders

10:45am – 12:15pm

3 concurrents:
-We're Just a Field Advocating
on Capitol Hill
-Increasing Pediatric Mental
Health Capacity of Pediatric
Primary Care...
-Language Nutrition for
Language Health...

Annual Meeting Adjourned

Trainee/Recent Grad Spotlight: Manoir Nair, MD

Manoj Nair, MD, is a 3rd year developmental behavioral pediatric fellow at Zucker School of Medicine / Northwell Health's Cohen Children's Medical Center in Long Island, NY. He received his medical degree from St. George's University School of Medicine and completed his general pediatrics training at St. Peter's University Hospital (Rutgers). He is also a Teaching Associate in Pediatrics at Zucker School of Medicine. His clinical interests are focused on preschool and early elementary DBPeds population, in fact his favorite fellow rotation thus far has been his time spent at a specialized preschool program, ACDS. His research interests are focused on the use of mind-body therapies in DBPeds populations. Most importantly to him are his teaching interests. For example, along with his program director and co-fellows, he is developing a health literacy curriculum for pediatric residents. As he said in his IAMDBP video, *"it is my passion to teach and to learn...to teach kids to better understand themselves...teach parents, and pediatric residents, about autism, ADHD, learning difficulties, medications, and more.* Dr. Nair is a STRG trainee liaison for the communications committee of SDBP. Outside of work, he enjoys listening to modern a capella and stand-up comedy, and spending time with his lovely wife.



[IAMDBPMontage](#)

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Expanded Fellowship Match Statistics

Submitted by Bob Voigt, M.D. & Alison Schonwald, M.D.

Here are the stats for the December 2018 DBP Fellowship Match:

35 DBP Fellowship Programs were in the Match

20 programs filled (57%)

15 programs did not fill (43%)

There were 48 positions offered in the Match

30 positions filled (62%)

18 positions were unfilled (38%)

Our DBP Match stats have been fairly consistent since 2014 (see table below) with an overall 2014-2018 Program Fill rate of 59% and an overall Position Fill rate of 65.2%.

Year	Programs Filled	Positions Filled
2014	69.7% (23 of 33)	73.2% (30 of 41)
2015	44.4% (16 of 36)	54.2% (26 of 48)
2016	64.7% (22 of 34)	70.5% (31 of 44)
2017	60.0% (21 of 35)	67.3% (33 of 49)
2018	57.1% (20 of 35)	62.5% (30 of 48)
Overall	59% (102 of 173)	65.2% (150 of 230)

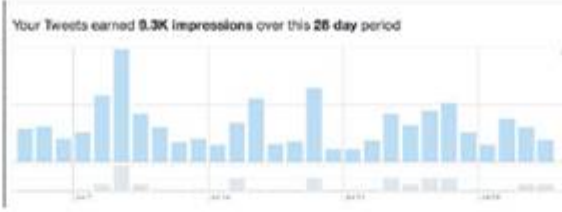
Suggestions on what we need to do to get our position fill rate closer to 100% are very welcome – please attend the Fellowship Section meeting at the SDBP Annual Meeting in September 2019!!!

Note to all DBP Fellowship Program Directors: DBP Fellowship programs start receiving applications through the Electronic Residency Application Service (ERAS) for the December 2019 Match on July 15, 2019.

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Congratulations Twitter team for passing 500 followers!

Top media Tweet earned 839 impressions
 Autism CARES so doctors can care for any researchers can learn about autism. Reauthorize @AutismCARES so we can keep caring. Take a picture with this sign and show your representatives #WhyAutismCARES @autismvotes @autismspeaks
 pic.twitter.com/5EMjKzr5uD



Top Tweet earned 603 impressions
 Webinar tomorrow! SDBP President @DrKerbi talks about his new book 5 Steps to Raising an Organized Child. @AnnaAcadPeds @HealthyChildren @BrevinWade #IAMDBP #UTLJ2WAL548
 pic.twitter.com/WQDVT3e9t6

SDBP @SDBPeds · Jun 6
 SDBP member Dr. Elizabeth Harstad of @BostonChildrens talks about ADHD medications #IAMDBP #ADHD

Boston Children's @BostonChildrens · Jun 6
 Boston Children's Dr. Elizabeth Harstad explains medication options for treating children with #ADHD: ms.apr.tj/6016TJDE via @busnews

SDBP @SDBPeds · Jun 23
 Listen to SDBP member Dr. Abha Gupta of @YaleMed @YaleMedicine talk about Childhood Disintegrative Disorder on this podcast #CDD #IAMDBP

Yale Physician Researcher Abha Gupta talks CDD
 Jill is back at INSAR and she interviews Yale Physician Researcher Abha Gupta and Childhood disintegrativ...
 open.spotify.com

You Retweeted
NationwideChildren's @NCHorDocs · Apr 26
 #PAs2019: @nationwidekids Developmental Behavioral Pediatrician Dr. Jennifer Walton addresses the elephant in the room: How Pediatric Providers can Address Racism during Clinic Encounters.

14 23 103

SDBP @SDBPeds · Jun 22
 New article on feeding from @KochwjkDBP and Co. in Advances in Pediatrics. Thanks for sharing your knowledge with us! #IAMDBP @UCLAHealth

Feeding Issues in Young Children
 sciencedirect.com

You Retweeted
Boston Children's @BostonChildrens · Jun 6
 Gain more insight on caring for gender nonconforming children from Dr. Marie Reilly, a developmental behavioral pediatrician at Boston Children's: ms.spr.tj/6016TJDD

“ Studies of adolescents with gender dysphoria or adolescents who are transgender suggest an increased risk of anxiety and mood disorders, eating disorders, and suicidality. Dr. Marie Reilly

SDBP @SDBPeds · Jul 9
 We LOVE our #DBP #nursepractitioners and our partnership with @NAPNAP! It takes a village & all members of #healthcare field to #putkids1st. #DBP Providers are #Advocates4Health

DBP Nurse Practitioners
 Anne DeBattista & Co.
 youtube.com

You Retweeted

SDBP @SDBPeds · Apr 28
 DBP Jenny Radesky give a nice summary of the recent debate about responsible screen time. What can we agree upon regarding digital media devices, the other activities that we should focus on, and the challenges we face as a society in managing...



Children are getting too much screen time, but we shouldn't blame the Thus, to improve the quality of children's media use, it will be much more effective to change the design of children's digital environments. thehill.com

SDBP @SDBPeds · Jun 3
 Some of the incredible work our SDBP members are doing with the @AmerAcadPeds - we spy @CarolWaltzman in this photo! #IamSDBP

CDC_NCSDDD @CDC_NCSDDD · Jun 3
 Congratulations to the @AmerAcadPeds for another successful year of the FASD Champions, who work to increase awareness of fetal alcohol spectrum disorders, early identification and care of children with FASDs and their families!



SDBP @SDBPeds · Jun 4
 SDBP member @AlanMendelsohn's work on how shared reading contributes to an important aspect of the parent-child relationship supports this. Read more in @JDBP_online #IamSDBP #WhyGiveROR

Reach Out and Read @reachoutandread · Jun 4
 Has Reach Out and Read helped bring your family closer together, like this Massachusetts family? Let us know what Reach Out and Read means to you below or by using the hashtag #WhyGiveROR!



"THERE IS NOTHING WE LOVED MORE THAN CURLING UP WITH OUR DAUGHTERS WHEN THEY WERE LITTLE AND READING A BOOK. EVERY CHILD SHOULD HAVE THE HEAD START OF A BOOK OF THEIR OWN. EVERY PARENT SHOULD LEARN THE IMPORTANCE AND JOY OF READING TO THEIR CHILD."

SDBP @SDBPeds · 15h
 One of our #DGPeds!

Amer Acad Pediatrics @AmerAcadPeds · Jul 29
 Dr. Adahia Spinks-Franklin urges pediatricians to tackle racism head-on and help avoid its lifelong effects on children's health. #AAPVoices #RacismAndHealth aap.org/en-us/aap-voices

American Academy of Pediatrics
 COMMITTED TO THE HEALTH OF ALL CHILDREN



"Based on what we now know about the ways racism harms children, mentally and physically, I contend that all pediatricians should work to become anti-racists."
 -Adahia Spinks-Franklin, MD, MPH, FAAP

SDBP @SDBPeds · May 24
 Job well done! @Koolw@SDBP on #ACHD at Pri-Med West in Anaheim, CA May 21-24, 2019 @UCLAHealth #GoBruins #IamSDBP buff.ly/30JKVas



You Retweeted

Amer Acad Pediatrics @AmerAcadPeds · May 9
 The brain is a body part too! Today is National Children's #MentalHealth Awareness Day. In this #AAPVoices post, Dr. @NerissaBauer explains why pediatricians should screen all adolescents for depression. ow.ly/rz0o30tSMJ

American Academy of Pediatrics
 COMMITTED TO THE HEALTH OF ALL CHILDREN



"AS MANY AS 1 IN EVERY 5 TEENS EXPERIENCE DEPRESSION AT SOME POINT DURING ADOLESCENCE, BUT THEY OFTEN GO UNDIAGNOSED AND UNTREATED. THAT'S WHY ASKING ABOUT PSYCHOSOCIAL HEALTH, AND MAKING TEENS FEEL COMFORTABLE ENOUGH TO DISCUSS IT, IS JUST AS IMPORTANT AS TAKING VITALS."
 -NERISSA S. BAUER, MD, MPH, FAAP

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Discussion Board Highlights

Join the [discussion](#) at sdbp.org. Recent topics have including a range of clinical and practice issues, such as:

- Emotional support vs. service animals
- Patient resources for fetal alcohol syndrome
- Addressing questions about experimental medications for autism spectrum disorder
- Waitlists and scheduling

Efficiency and documentation

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General Announcements and Reminders

Hypnosis Workshop

Join 1000 pediatric and child/adolescent mental health colleagues who've added clinical hypnosis skills to their integrative health repertoire! The **National Pediatric Hypnosis Training Institute (NPHTI)**, a non-profit educational organization, offers their upcoming 3-day intensive tri-level training workshops in pediatric hypnosis skill development which will be held September 26-28, 2019 in the Minneapolis area, co-sponsored by University of Minnesota Department of Pediatrics and Children's of Minnesota. NPHTI Faculty include the top experts in this field from around the world. Many SDBP members will recall that the NPHTI faculty conducted the pediatric hypnosis trainings as pre-meeting workshops for the annual SDBP meetings for over 20 years — and then NPHTI evolved and expanded as an annual standalone workshop over the last 10 years!

Go to www.NPHTI.org for the Brochure and to register. Registration spots are limited and tend to fill quickly.

For an overview of pediatric hypnosis research, see Kohen & Kaiser, *Children* **2014**, 1, 74-98; doi:10.3390/children1020074.

For questions, contact Pamela Kaiser, PhD, CPNP (drpkaiser@gmail.com) and Daniel Kohen, MD (dpkohen@umn.edu), Co-Founders and Co-Directors of NPHTI.

SDBP/NAPNAP Symposium Videos Available on PedsCE

Earn Contact Hours with New Developmental Behavioral Pediatric Case Studies on PedsCESM! Walk through engaging, three-part case studies on **ADHD** and **autism**, designed to review the diagnostic presentation and appropriate assessment tools, formulation of diagnosis with interpretation of developmental and behavioral assessment measures, treatment options including psychopharmacology, family support and ongoing monitoring of a child with multiple common developmental and behavioral concerns.

JDBP Call for Special Articles on Children with Chronic Health Conditions

The *Journal of Developmental and Behavioral Pediatrics* is interested in seeking review and special articles focused on developmental and/or behavioral issues in children with chronic health conditions. The manuscripts can address behavioral, developmental, social, and/or medical outcomes, assessment, or management of children with chronic health conditions, especially those with behavioral or developmental problems and/or delays. Topics of interest include, but will not be limited to congenital heart disease, sickle cell disease, asthma, diabetes, seizure disorders, TBI, cancers, kidney disease, and inflammatory bowel disease. If you are interested in submitting a paper with this focus, please feel free to send to the Review and Special Articles editors, Drs. Wildman or Roizen (email: jdbp@jdbp.net), outlines of proposals that include specific questions or issues that the manuscript will address. For review articles, please include the plan for the systematic review, the length of time covered in the literature review, the scientific merit of the topic and the clinical implications of the findings. For special articles, please explain the contribution the article will make to research and clinical practice, as well as the rationale for a special article, rather than a systematic review (e.g., a search for literature indicated few appropriate articles and a justification for the importance of the topic). The editors would prefer that manuscripts have interprofessional co-authors (e.g., developmental and behavioral pediatricians, psychologists, pediatricians, educators, social workers, nurses, etc.)

Awareness Events

- August
 - Children's Eye Health and Safety Month
 - National Breastfeeding Month
 - National Immunization Awareness Month
 - World Breastfeeding Week (Aug. 1-7)
 - National Health Center Week (Aug. 4-10)

- September
 - Childhood Cancer Awareness Month
 - National Food Safety Education Month
 - Blood Cancer Awareness Month
 - National Childhood Obesity Awareness Month
 - National Sickle Cell Awareness Month
 - National Traumatic Brain Injury Awareness Month
 - Newborn Screening Awareness Month
 - National Suicide Prevention Week (Sept. 9-14)
 - World Suicide Prevention Day (Sept. 10)
 - Pain Awareness Month
 - Sexual Health Awareness Month
 - National Celiac Disease Awareness Day (Sept. 13)
 - National School Backpack Awareness Day (Sept. 18)
 - Malnutrition Awareness Week (Sept. 23-27)
 - Family Health and Fitness Day (Sept. 29)
- October
 - Bullying Prevention Month
 - Domestic Violence Awareness Month
 - Health Literacy Month
 - National ADHD Awareness Month
 - National Dental Hygiene Month
 - National Down Syndrome Awareness Month
 - National Physical Therapy Month
 - Pregnancy and Infant Loss Awareness Month
 - Spina Bifida Awareness Month
 - Sudden Infant Death Syndrome (SIDS) Awareness Month
 - World Cerebral Palsy Day (Oct. 6)
 - Mental Illness Awareness Week (Oct. 6-12)
 - World Mental Health Day (Oct. 10)
 - National Depression Screening Day (Oct. 10)
 - Pregnancy and Infant Loss Awareness Day (Oct. 13)
 - International OCD Awareness Week (Oct. 13-19)
 - National Health Education Week (Oct. 21-25)
 - National Healthcare Quality Week (Oct. 20-26)

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Questions about submissions can be sent to Alyssa Schlenz: schlenz@musc.edu

Society for Developmental and Behavioral Pediatrics
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