

Friday Teaching Developmental-Behavioral Pediatrics to Residents - September 16, 2016

TIME	Room 1	Room 2
1:00-1:15	Welcome & Orientation/Introduction	
1:15-1:45	Common Session: DBP Curriculum Development - Getting on the Instructional Design Train D'Sa V	
BREAKOUT SESSION 1 1:50-3:20	Innovation and Technology in DBP Education: Alternatives to the Typical One Month Rotation Kralovic SH, Houlihan C, Hassan A	Dilemmas in Developmental-Behavioral Pediatrics: From Parties to Playgrounds Mann M, Chartrand K, Laverdiere MC, Stein RE
3:20-3:35	Break	
BREAKOUT SESSION 2 3:35- 5:05	Don't Hide Behind a Screen – Teaching Residents the Spectrum of Developmental Assessment (Screening, Surveillance, and Evaluation) Ostermaier KK, Castillo J, Godwin D, Smith-Hollier E, Monteiro S	Customized Solutions to Common Problems: Leveraging our Strengths to Build Outstanding DBP Curricula Cederna-Meko C, O'Connell L
5:05-5:25	Break with Refreshments	
BREAKOUT SESSION 3 5:25-6:55	Adverse Childhood Experiences: Teaching the New Morbidity in DBP Clark MA, Tarnok L, Muniz E, Stein RE	A Continuum of Special Education Law and Practice Instruction: From Medical Student to Practicing Physician Kaari JM, Sheppard ME, Vitalone-Raccaro N
6:55-7:10	Wrap-up	

Friday Teaching Workshops - Descriptions

INNOVATION AND TECHNOLOGY IN DBP EDUCATION: ALTERNATIVES TO THE TYPICAL ONE MONTH ROTATION

Shanna K. Kralovic, DO, University Hospitals Case Medical Center, Cleveland, OH, Christine Houlihan, MD, Children's Hospital of the King's Daughters, Norfolk, VA, Areej Hassan, MD, MPH, Boston Children's Hospital, Boston, MA

Brief Workshop Description: This interactive workshop will discuss new trends in teaching DBP to residents and help attendees identify ways to improve their institutions rotations. A focus on use of e-learning and technology for creating innovative rotations as well as use of existing e-curricula outside of the typical one-month rotation will be discussed.

DILEMMAS IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS: FROM PARTIES TO PLAYGROUND

Mana Mann, MD, MPH, Kaleena Chartrand, MD, Michele C. Laverdiere, MD, Ruth E. K. Stein, MD, Children's Hospital at Montefiore/Albert Einstein College of Medicine, Bronx, NY

Brief Workshop Description: Participants will have the opportunity to enhance resident and fellow trainee competencies in Interpersonal and Communication Skills as well as Professionalism domains by developing scenarios of encounters with families on developmental-behavioral topics that occur in social settings that raise dilemmas based on principles of medical ethics including autonomy, beneficence, non-maleficence, and justice.

DON'T HIDE BEHIND A SCREEN—TEACHING RESIDENTS THE SPECTRUM OF DEVELOPMENTAL ASSESSMENT (SCREENING, SURVEILLANCE, AND EVALUATION)

Kathryn K. Ostermaier, MD, Jonathan Castillo, MD, Dinah Godwin, MSW- LCSW, Baylor College of Medicine/Texas Children's Hospital, Pearland, Texas, Eboni Smith- Hollier, MD, Sonia Monteiro, MD, Baylor College of Medicine/Texas Children's Hospital, Houston, Texas

Brief Workshop Description: This workshop will focus on how to teach residents the spectrum of developmental assessment beyond a parental screen. Workshop participants will leave with a better understanding of how to teach residents general developmental surveillance and screening, standardized developmental evaluation instruments that graduated pediatricians should feel comfortable using as part of their developmental tool box, and helping residents develop thoughtful treatment plans when developmental delay is diagnosed.

CUSTOMIZED SOLUTIONS TO COMMON PROBLEMS: LEVERAGING OUR STRENGTHS TO BUILD OUTSTANDING DBP CURRICULA

Crystal Cederna-Meko, PsyD, Hurley Medical Center, Flint, MI, Lauren O'Connell, MD, MSc, Hurley Medical Center/Michigan State University, Flint, MI

Brief Workshop Description: After exploring challenges facing DBP educators, participants will brainstorm strategies, explore DBP curricula, and develop individualized solutions to their unique curricular dilemmas.

ADVERSE CHILDHOOD EXPERIENCES: TEACHING THE NEW MORBIDITY IN DBP

Marie A. Clark, MD, MPH, UH Rainbow Babies and Children's Hospital/CWRU, Cleveland, OH, Lauren Tarnok, MD, Cohen Children's Medical Center/North Shore LIJ, New Hyde Park, NY, Elisa Muñiz, MD, MS, Bronx Lebanon Hospital Center, Bronx, NY, Ruth E. Stein, MD, Children's Evaluation and Rehabilitation Center/Children's Hospital at Montefiore, Bronx, NY

Brief Workshop Description: Adverse Childhood Experiences (ACES), traumatic events early in life that impact an individual's physical and emotional health over the lifespan, are important contributors to morbidity in Developmental-Behavioral Pediatrics. The goal of this workshop is to prepare participants to use novel and interactive methods to instruct DBP trainees about ACES and to evaluate their efforts with competency-based assessments.

A CONTINUUM OF SPECIAL EDUCATION LAW AND PRACTICE INSTRUCTION: FROM MEDICAL STUDENT TO PRACTICING PHYSICIAN

Jacqueline M. Kaari, DO, Rowan University School of Osteopathic Medicine, Stratford, New Jersey, Mary Erin Sheppard, Ed.D., Nancy Vitalone-Raccaro, Ph.D, Rowan University, Glassboro, NJ

Brief Workshop Description: This workshop will provide an overview of teaching special education law and practice to medical and healthcare profession students, residents, fellows and practicing physician. The workshop will address the American Academy of Pediatrics' recommendation that physicians learn special education law and practices so that they can refer children who need services and advise parents. There is evidence that training in this area is limited. Prior to the workshop participants will view a narrative discussing special education law and educational interventions, review salient articles and complete a pre survey on these topics. During the workshop special education law and practices will be reviewed. Use of a parent panel, teaching about IEPs and 504 plans and experiential learning will also be discussed. Participants will have the opportunity to reflect on their own educational experiences, assess the education available at their own institution and identify knowledge and educational gaps. A "tool box" will be provided to develop an action plan to address these gaps. The action plans will be shared with the group providing an opportunity for sharing of ideas and feedback.

Pre-Meeting Half-Day MORNING Workshops - Saturday, September 17, 2016

9:00am – 12:00pm

Workshop A: PEDIATRIC PSYCHOLOGY IN HEALTH CARE SETTINGS: WHAT QUESTIONS TO ASK, WHEN TO REFER, AND WHAT HAPPENS NEXT?

Ashley N. Junghans-Rutelonis, Ph.D., Mayo Clinic, Rochester, MN, Laura J. McGuinn, MD, University of Oklahoma Health Sciences Center, Oklahoma City, OK, Daniel Hilliker Ph.D., LP, Mayo Clinic, Rochester, MN, Ami Bax, MD, University of Oklahoma Health Sciences Center, Oklahoma City, OK

Brief Description of Workshop:

Integrated behavioral health care offers exciting opportunities for medical and mental health professionals to work in collaboration to provide brief problem-focused treatment. The purpose of this workshop is to help pediatricians and developmental-behavioral pediatricians 1) determine when to assess for psychological or behavioral difficulties and refer to a psychologist, 2) use brief assessment measures and quick psychosocial screenings, and 3) understand evidence-based behavioral interventions psychologists use. You will increase your knowledge of and skills in brief treatments in three major areas (anxiety, mood, and oppositional behavior) and engage in hands-on activities regarding brief problem-focused treatment used within a medical setting.

Workshop B: "YOUR CHILD HAS...": COMMUNICATING DIFFICULT DIAGNOSES IN PEDIATRIC DEVELOPMENTAL-BEHAVIORAL AND PSYCHOLOGICAL SETTINGS

Catherine C. Peterson, PhD, Eastern Michigan University, Ypsilanti, MI, Melissa K. Cousino, PhD, University of Michigan, Ann Arbor, MI, Melissa Armstrong-Brine, PhD, Metrohealth Medical Center, Cleveland, OH, David J. Schonfeld, MD, USC School of Social Work, Los Angeles, CA

Brief Description of Workshop:

Although literature has examined breaking bad news protocols for medical providers, typically in oncology or acute care contexts, there are no published guidelines for communicating difficult diagnostic news in developmental-behavioral or

psychological settings. As many providers in these settings convey diagnoses of autism or other neurodevelopmental disorders, it is imperative for professionals, especially early-career providers, to gain skills in family-provider communication that are guided by empirically-supported research on patient-physician communication. Evidence suggests that provider communication skills may be improved in workshops; therefore, this workshop will incorporate didactics, case development, and role-play practice to improve provider communication of difficult diagnoses.

Workshop C: UNDERSTANDING WHAT STATISTICAL ANALYSES CAN DO FOR YOU: AN INTERACTIVE WORKSHOP FOR DATA ANALYSIS PLANNING IN DEVELOPMENTAL BEHAVIORAL PEDIATRICS RESEARCH

Alan Mendelsohn, M.D., New York University School of Medicine and Bellevue Hospital Center, New York, NY, Rebecca Hazen, Ph.D., University Hospitals/Case Western Reserve University, Cleveland, OH, Beth Wildman, Ph.D., Jeannette Iskander, M.A., Kent State University, Kent, OH

Brief Description of Workshop:

The practical aspects of deciding which statistical analyses (e.g., structural equation modeling, logistic regression, etc.) are appropriate for developmental/behavioral-specific research questions will be covered in an interactive format in this SDBP Research Committee and Psychology SIG co-sponsored workshop. Experts across disciplines will highlight major analytic strategies along with guiding attendees through examples taken from the field and attendees own research projects. Small-group facilitated discussions and larger group discussions will allow attendees to practice considering how statistical techniques could be applied to answer research questions. A cheat sheet will be given to attendees outlining the various strategies for data analysis planning.

Pre-Meeting Half-Day AFTERNOON Workshops - Saturday, September 17, 2016

1:00pm – 4:00pm

Workshop D: PROVIDING DEVELOPMENTAL-BEHAVIORAL CARE IN LOW AND MIDDLE INCOME COUNTRIES: AN INTERACTIVE CASE-BASED LEARNING WORKSHOP HIGHLIGHTING DEVELOPMENTAL-BEHAVIORAL NEEDS AND INTERVENTIONS

Abigail L. Kroening, MD, University of Rochester, Rochester, NY, Roxanne Almas, MD, MSPH, Kidscope Assessment Center for Developmental and Behavioral Health, San Jose, CA, Ayesha Cheema-Hasan, MD, Rhode Island Hospital, Providence, RI, Ricardo Halpern, MD, PhD, Universidade Federal de Ciências da Saúde de Porto Alegre, Porto Alegre, RS, Brazil

Brief Description of Workshop:

This workshop informs practice of developmental/behavioral (DB) pediatrics in low and middle income countries (LAMIC). Experts will present an overview of DB needs for children in LAMIC. Prior to the workshop, assigned leaders in the field will generate 3 detailed cases to reflect DB challenges of international communities. Leaders will then present cases for discussion in small groups. Cases will emphasize a tiered DB approach based on an ecological framework considering individual, interpersonal, community, and societal influences. Discussion will also focus on research and DB training for international colleagues. Leaders in international DB pediatrics will serve as small group moderators.

Workshop E: INTEGRATING A TRAUMA-INFORMED CARE APPROACH INTO PEDIATRIC MEDICINE

Meghan Marsac, PhD, University of Pennsylvania; The Children's Hospital of Philadelphia, Philadelphia, Pennsylvania, Melissa Alderfer, PhD, Nemours/A. I. duPont Hospital for Children, Wilmington, DE

Brief Description of Workshop:

Pediatric healthcare professionals often encounter children and parents who have emotional reactions to medical conditions (e.g., new diagnosis, change in prognosis) and treatment (e.g., procedures, repeated medical appointments, required medical regimens) and/or whose prior exposure to other traumas (e.g., violence, negative medical experience) impact medical care and child health outcomes. Taking a trauma-informed approach to medical care has the potential to mitigate emotional trauma reactions and improve health outcomes. Using an interactive, case-based approach, this workshop will assist medical professionals in identifying trauma reactions in their patients (and parents and other family members), distinguishing trauma reactions from other mental/behavioral health symptoms, and integrating trauma-informed actions into daily medical practice.

Workshop F: BEYOND CME: TRANSLATING KNOWLEDGE INTO ACTION

Stephanie M. Glegg, MSc, Andrea Ryce, MLIS, Nancy Lanphear, MD, Sunny Hill Health Centre for Children, Vancouver, British Columbia

Brief Description of Workshop:

Continuing medical education is moving beyond passive information sharing, to incorporating evidence-informed knowledge translation (KT) strategies that can change behavior. This interactive workshop will provide an overview of KT best practices and innovations in the field, and offer hands-on experience in applying a range of KT methods. Models, frameworks and online resources will guide individual, small and large group activities that employ case examples and evidence specific to developmental and behavioral pediatrics. Collaborative, applied learning will enable participants to select appropriate KT interventions, and to plan, implement and evaluate their KT plan for moving evidence into action.

Workshop G: THE CONTINUUM OF GENDER: A PRIMER

Christine Moser, PsyD, Anna Egan, PhD, Jill Jacobson, MD, Children's Mercy Hospital, Kansas City, MO

Brief Description of Workshop:

This workshop will familiarize participants with gender variant children and their treatment needs in pediatric practice. We will describe a broad continuum of gender variance, including children with Disorders of Sexual Development (DSDs), gender questioning and gender non-conforming youth, and transgender children and adolescents. We will present established standards of care and focus on diagnostic assessment and treatment from biological and psychological perspectives. We will discuss common family, social, educational, and emotional problems of gender variant children and factors that enhance resilience. We will discuss demographics and clinical experiences from our own multidisciplinary Gender Pathway Services Clinic.