



## ***President's Weekly Bulletin – May 15, 2020***

***Robyn Mehlenbeck, PhD***

Dear Members, Trainees & Friends,

A special thanks this week to the Practice Issues co-chairs, Lisa and David, for facilitating our SDBP Connect call on Wednesday! A lot of practical discussion in our current telehealth world, as well as an ongoing call for making sure that we continue to be able to utilize telehealth in the “new” world after COVID-19.

It is always interesting to find out what we can do when we have to – how many of us would have said that we could NEVER do our jobs via telehealth? Yet, we are being creative, finding ways to make a difference even if it is not 100% the way we would like. Given this, we have several members who have offered to take the lead in a policy statement to ensure that telehealth remains a reimbursable option for those who it is an appropriate method of evaluation and intervention for, recognizing that it is not appropriate for everyone. However, the option should remain viable! I am looking forward to supporting this effort.

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### **SDBP CONNECT – WED 5/20 at Noon EST**

What have been your silver linings of the past two months? What have been your biggest challenges? Let's share both!

### **SDBP Connect Call May 20, 2020 12:00 PM Eastern (US and Canada)**

#### **Join Zoom Meeting**

<https://us02web.zoom.us/j/81125702940?pwd=YTdoQmpnM1NvVUN6NGxYc0V5VFZhZz09>

**Meeting ID:** 811 2570 2940

**Password:** 914385

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### **FUTURE PLANNING!**

No SDBP Connect the week of May 25<sup>th</sup>

**JUNE 2<sup>nd</sup> – 4PM EST** – We had a few more responses so we are going to hold our first TUESDAY AFTERNOON SDBP Connect on Tuesday June 2<sup>nd</sup>. Block out the time now!

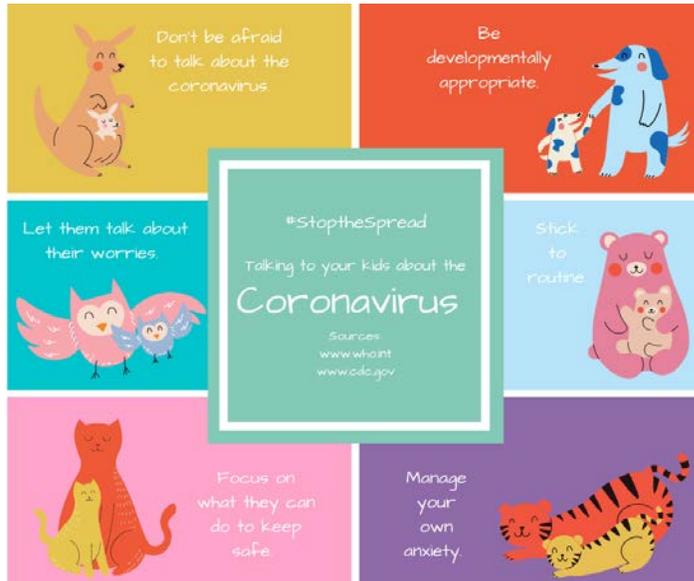
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**My favorite resources of the week:**

Recently I found this infographic below on the Virginia Family Network site.

[Here is a link](#) that will download a more in-depth infographic that you can use with your families!



**Self Care Reminder:**

Get outside! As the weather is warmer across the country, notice the flowers, the trees. Go for a walk with your eyes wide open (that also helps with the physical distancing!). Find a creek and listen to the water flow. Let nature help you stay centered.

*Warmly,*  
Robyn Mehlenbeck  
President, SDBP

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