Dear Members,

Welcome to our brief, summer issue of the newsletter!

First off, we wanted to highlight the “I am DBP” video campaign. These videos were created at last year’s annual meeting and highlight the amazing work that we do in Developmental-Behavioral Pediatrics. The full range of videos can now be viewed on our YouTube channel: Society for DBP. Please check them out at the link below.

This issue contains several important pieces related to the annual meeting, including information on the Capitol Hill visits, updates from the Education Committee and Psychology Section, and the current schedule at-a-glance. Also in this issue, please check out a wonderful trainee spotlight on Manoj Nair, MD and expanded match statistics from the Fellowship Training Section.

Finally, we want to send out a BIG congratulations to our Twitter team for reaching 500 followers! Our team has been very active over the past few years and has steadily worked to improve the visibility of our society on social media.

As always, feel free to send us any feedback or newsworthy information to include as you see fit! We welcome submissions from all members and would love to hear from you! The next submission deadline for content will be October 15, 2019. Questions about submissions can be sent to schlenz@musc.edu.

Thank you!
In this Issue

- Annual Meeting: Capitol Hill Visit Information
- Annual Meeting: Education and Psychology Updates
- Annual Meeting: Schedule At-A-Glance
- Trainee/Recent Grad Spotlight: Manoi Nair, MD
- Expanded Fellowship Match Statistics
- Congratulations to our Twitter Team!
- Discussion Board Highlights
- General Announcements and Reminders

Annual Meeting: Capitol Hill Visit Information

Advocate & Elevate with SDBP on Capitol Hill!

SDBP 2019 Legislative Experience will take place during the SDBP Annual Meeting in Washington DC September 16th.

Don’t miss this unique opportunity to represent #DBPeds on Capitol Hill and help educate our elected officials and staff about a policy issue relevant to DBP!

Step 1: Register for Capitol Hill Visits

- Sign up for capitol hill visits when you register for the annual meeting: https://www.sdbp.org/secure/mtg/
- We encourage participants to sign up by August 26th to have enough time to schedule a meeting with your legislator.

Step 2: Watch a Brief Webinar

- The Advocacy Legislative Webinar will be sent to you after registration for the annual meeting is complete.
- The Webinar is a step by step guide on how to identify your legislators and schedule a visit to their office.

Step 3: Schedule a (group) visit with your elected official

- This will need to be done prior to the conference.
- Groups are welcome! We will help connect people from each state to schedule appointments together with their congressional representatives.
Step 4: SDBP goes to Capitol Hill! Monday Sept 16th, 10:45am to 4pm

- Concurrent Session: “We’re Just a Field Advocating on Capitol Hill”
  - Preparation for Capitol Hill Visits: 10:45 AM – 11:45 AM (*mandatory*)
  - We’ll prepare you with all you need to know for hill visits: key talking points for our unified “ask”, leave-behinds, and tips to make the most of your meeting with members of congress.
- Visit to Capitol Hill: 12:30 PM
- Debriefing: 3pm
  - After the Capitol Hill visits, we will return to the hotel for a short debriefing session and have you ready to head home no later than 4pm

Annual Meeting: Education and Psychology Updates

**SDBP Annual Meeting 2019**

**Education Committee**
The education committee is pleased to offer the SDBP Teaching DBPeds Workshop before the annual meeting in Washington, DC this year, on Friday, September 13, 2019, from 1:00 to 7:40 pm.

Description of the sessions offered can be found on the SDBP meeting website at: [http://www.sdbp.org/meetings/TeachWorkshop_Sched_descip2019.pdf](http://www.sdbp.org/meetings/TeachWorkshop_Sched_descip2019.pdf).

**Psychology Section**
We are excited to announce our inaugural Psychology Trainee Poster Award! Psychology students, interns, and fellows who are the first author of a poster being presented at this year’s annual meeting will be eligible for consideration of this award. The award winner will be formally recognized at the Psychology Section gathering during the annual meeting.
### Tentative (2) Schedule-at-a-Glance

**Thursday 9/12**
- 11:00am – 6:00pm
  - Board of Directors
- 4:00pm – 8:00pm
  - Research Scholars Symposium

**Friday 9/13**
- 7:30am – 12:45pm
  - Research Scholars Symposium
- 8:00am – 5:00pm
  - SDBP/NAPNAP Symposium: Psychopharmacology for Children and Adolescents with Developmental Disability: Prescribe Medication without Frustration
- 1:00pm – 7:40pm
  - Education Workshop
  - Teaching Developmental-Behavioral Pediatrics
- 1:00 – 4:00pm
  - Half Day Workshops
  - A: Integrating Research into Your Clinical Practice
  - B: Practitioner’s Guide to Psychological Assessment Issues in Developmental-Behavioral Pediatrics
  - C: What Are You? Racial and Ethnic Identity Development in Children, Adolescents and Adults
- 3:00pm – 9:00pm
  - Board of Directors

**Saturday 9/14**
- 8:00am – 1:00pm
  - Board of Directors
- 9:00am – 12:00pm
  - Half-Day Workshops
  - A: Higher Calling: Advocacy Skills for Capitol Hill and Beyond
  - E: Psychological First Aid for the Busy Physician...
  - F: Helping Families and Ourselves Cope with Challenging Diagnoses...
  - G: Exploring the Spectrum of Obesity Treatments...
  - H: Transition Planning for Youth with Neurodevelopmental Diagnoses...
- 1:00pm – 1:45pm
  - Welcome & Presidential Address
- 1:45pm – 2:30pm
  - ADHD Complex Guidelines Plenary
- 2:45pm – 4:15pm
  - 2 concurrents:
    - SDBP Clinical Practice Guideline: ADHD
    - Prescribing Disability Pride
- 4:10pm – 5:30pm
  - Section Meetings: API / Psychology / Fellowship Training
- 5:00pm – 7:00pm
  - Exhibits
- 5:30pm – 7:00pm
  - Opening Reception including: New Member/First Time Attendee & Mentor/Mentee meet ups; Poster Session I: Meet the Author
- 7:00pm – 8:00pm
  - SIG Meetings: ADHD / Autism / International / Early Childhood

**Sunday 9/15**
- 7:00am – 8:50am
  - Committee Meetings: Research/Education / Communications
- 8:30am – 7:00pm
  - Exhibits
- 9:00am – 10:30am
  - Lectureship Presentation: Fostering the Development of Social Competencies—It’s More Than Teaching Social Skills
  - Michelle Garcia Winner, MA, CCC-SLP
- 10:45am – 12:15pm
  - 3 concurrents:
    - Lectureship Concurrent
    - ADHA SIG
    - Platform Session: ACES / Psychosocial Stressors
- 12:15pm – 1:45pm
  - Lunches:
    - Trainee/Recent Grad Mtg
    - SDBP Editorial Board Lunch
- 1:45pm – 3:15pm
  - 3 concurrents:
    - The Border is Here...
    - Processing Puberty with Biopsychosocial Approach...
    - Platform Session: Evaluation of DBP Disorders
- 3:30pm – 5:00pm
  - 4 concurrents:
    - How to be an Autism Expert in the Internet Age
    - Working with Children who are Deaf/Deaf of Hearing...
    - Poster Symposium: Psychopharmacology Related Studies
    - Poster Session: Reading & Media
- 5:00pm – 6:00pm
  - Members Meeting / Incoming Presidential Address
- 6:00pm – 7:00pm
  - Poster Session II: Meet the Author
- 7:00pm – 10:00pm
  - Social Dinner

**Monday 9/16**
- 7:00am – 8:50am
  - Committee Meetings: Membership / Practice Issues / Past Presidents / Advocacy
- 8:30am – 12:00pm
  - Exhibits
- 9:00am – 10:30am
  - 3 concurrents:
    - Business side of DBP: 2019 coding updates...
    - Early Childhood SIG
    - Platform Session: System issues Autism / Neurodevelopmental Disorders
- 10:45am – 12:15pm
  - 3 concurrents:
    - We’re Just a Field Advocating on Capitol Hill
    - Increasing Pediatric Mental Health Capacity of Pediatric Primary Care...
    - Language Nutrition for Language Hearth...

Annual Meeting Adjourned

---

*Return to Table of Contents*
Trainee/Recent Grad Spotlight: Manoj Nair, MD

Manoj Nair, MD, is a 3rd year developmental behavioral pediatric fellow at Zucker School of Medicine / Northwell Health’s Cohen Children’s Medical Center in Long Island, NY. He received his medical degree from St. George’s University School of Medicine and completed his general pediatrics training at St. Peters University Hospital (Rutgers). He is also a Teaching Associate in Pediatrics at Zucker School of Medicine. His clinical interests are focused on preschool and early elementary DBPeds population, in fact his favorite fellow rotation thus far has been his time spent at a specialized preschool program, ACDS. His research interests are focused on the use of mind-body therapies in DBPeds populations. Most importantly to him are his teaching interests. For example, along with his program director and co-fellows, he is developing a health literacy curriculum for pediatric residents. As he said in his IamDBP video, “it is my passion to teach and to learn…to teach kids to better understand themselves…teach parents, and pediatric residents, about autism, ADHD, learning difficulties, medications, and more. Dr. Nair is a STRG trainee liaison for the communications committee of SDBP. Outside of work, he enjoys listening to modern a capella and stand-up comedy, and spending time with his lovely wife.

Expanded Fellowship Match Statistics

Submitted by Bob Voigt, M.D. & Alison Schonwald, M.D.

Here are the stats for the December 2018 DBP Fellowship Match:

35 DBP Fellowship Programs were in the Match
   20 programs filled (57%)
   15 programs did not fill (43%)

There were 48 positions offered in the Match
   30 positions filled (62%)
   18 positions were unfilled (38%)
Our DBP Match stats have been fairly consistent since 2014 (see table below) with an overall 2014-2018 Program Fill rate of 59% and an overall Position Fill rate of 65.2%.

<table>
<thead>
<tr>
<th>Year</th>
<th>Programs Filled</th>
<th>Positions Filled</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>69.7% (23 of 33)</td>
<td>73.2% (30 of 41)</td>
</tr>
<tr>
<td>2015</td>
<td>44.4% (16 of 36)</td>
<td>54.2% (26 of 48)</td>
</tr>
<tr>
<td>2016</td>
<td>64.7% (22 of 34)</td>
<td>70.5% (31 of 44)</td>
</tr>
<tr>
<td>2017</td>
<td>60.0% (21 of 35)</td>
<td>67.3% (33 of 49)</td>
</tr>
<tr>
<td>2018</td>
<td>57.1% (20 of 35)</td>
<td>62.5% (30 of 48)</td>
</tr>
<tr>
<td>Overall</td>
<td>59% (102 of 173)</td>
<td>65.2% (150 of 230)</td>
</tr>
</tbody>
</table>

Suggestions on what we need to do to get our position fill rate closer to 100% are very welcome – please attend the Fellowship Section meeting at the SDBP Annual Meeting in September 2019!!!

Note to all DBP Fellowship Program Directors: DBP Fellowship programs start receiving applications through the Electronic Residency Application Service (ERAS) for the December 2019 Match on July 15, 2019.
Congratulations to our Twitter Team!

Top media Tweet: earned 18K impressions.
Autism CARES so doctors can care for any researcher can learn about autism. 
Reauthorize @AutismCARES so we can keep caring. Take a picture with this sign and show your representatives
#WhyAutismCARES @Autismvotes @autismspeaks
pox.twitter.com/0EMHxZnSuD

Your Tweets earned 5.3K impressions over this 26 day period.

Top Tweet: earned 89K impressions.
Webinar tomorrow! SDBP President @DrHill talks about his new book 5 Steps to Facing an Organizational Crisis. 
@AnneDeBattista @AAMBP @eYalekidsinfo via @YaleMedicine

SDBP @SDBPeds - Jun 19
Listen to SDBP member Dr. Asha Gupta of @YaleMed @YaleMedicine talk about Childhood Disintegrative Disorder on this podcast CDD #iamDBP

A D B

Yale Physician Researcher Asha Gupta talks CDD.
Bill is back at INSAR and she interviews Yale Physician Researcher Asha Gupta and Childhood disintegrative:
open.spotify.com

SDBP @SDBPeds - Jun 18
New article on feeding from @Hoochw@DBP and Co. in Advances in Pediatrics. Thanks for sharing your knowledge with us! #IAMDBP
@UCLA-Health

Feeding Issues in Young Children
sciencesDirect.com

SDBP @SDBPeds - Jun 18
Gain more insight on caring for gender nonconforming children from Dr. Marie Reilly, a developmental behavioral pediatrician at Boston Children's.

"Studies of adolescents with gender dysphoria or adolescents who are transgender suggest an increased risk of anxiety and mood disorders, eating disorders, and suicidality." Dr. Marie Reilly

SDBP @SDBPeds - Jul 9
We LOVE our #DBP nursepractitioners and our partnership with @NAPHA! It takes a village & all members of the healthcare field to #putkidsfirst. #DBP Providers are #Advocates4Health

DBP Nurse Practitioners
Anne DeBattista & Co. youtube.com
Discussion Board Highlights

Join the discussion at sdbp.org. Recent topics have including a range of clinical and practice issues, such as:

- Emotional support vs. service animals
- Patient resources for fetal alcohol syndrome
- Addressing questions about experimental medications for autism spectrum disorder
- Waitlists and scheduling

Efficiency and documentation
**Hypnosis Workshop**
Join 1000 pediatric and child/adolescent mental health colleagues who’ve added clinical hypnosis skills to their integrative health repertoire! The **National Pediatric Hypnosis Training Institute (NPHTI)**, a non-profit educational organization, offers their upcoming 3-day intensive tri-level training workshops in pediatric hypnosis skill development which will be held September 26-28, 2019 in the Minneapolis area, co-sponsored by University of Minnesota Department of Pediatrics and Children’s of Minnesota. NPHTI Faculty include the top experts in this field from around the world. Many SDBP members will recall that the NPHTI faculty conducted the pediatric hypnosis trainings as pre-meeting workshops for the annual SDBP meetings for over 20 years — and then NPHTI evolved and expanded as an annual standalone workshop over the last 10 years!

Go to [www.NPHTI.org](http://www.NPHTI.org) for the Brochure and to register. Registration spots are limited and tend to fill quickly.

For an overview of pediatric hypnosis research, see Kohen & Kaiser, *Children* 2014, 1, 74-98; doi:10.3390/children1020074.

For questions, contact Pamela Kaiser, PhD, CPNP ([drpkaiser@gmail.com](mailto:drpkaiser@gmail.com)) and Daniel Kohen, MD ([dpkohen@umn.edu](mailto:dpkohen@umn.edu)), Co-Founders and Co-Directors of NPHTI.

---

**SDBP/NAPNAP Symposium Videos Available on PedsCE**

Earn Contact Hours with New Developmental Behavioral Pediatric Case Studies on PedsCE℠! Walk through engaging, three-part case studies on **ADHD** and **autism**, designed to review the diagnostic presentation and appropriate assessment tools, formulation of diagnosis with interpretation of developmental and behavioral assessment measures, treatment options including psychopharmacology, family support and ongoing monitoring of a child with multiple common developmental and behavioral concerns.

---

**JDBP Call for Special Articles on Children with Chronic Health Conditions**
The *Journal of Developmental and Behavioral Pediatrics* is interested in seeking review and special articles focused on developmental and/or behavioral issues in children with chronic health conditions. The manuscripts can address behavioral, developmental, social, and/or medical outcomes, assessment, or management of children with chronic health conditions, especially those with behavioral or developmental problems and/or delays. Topics of interest include, but will not be limited to congenital heart disease, sickle cell disease, asthma, diabetes, seizure disorders, TBI, cancers, kidney disease, and inflammatory bowel disease. If you are interested in submitting a paper with this focus, please feel free to send to the Review and Special Articles editors, Drs. Wildman or Roizen (email: jdbp@jdbp.net), outlines of proposals that include specific questions or issues that the manuscript will address. For review articles, please include the plan for the systematic review, the length of time covered in the literature review, the scientific merit of the topic and the clinical implications of the findings. For special articles, please explain the contribution the article will make to research and clinical practice, as well as the rationale for a special article, rather than a systematic review (e.g., a search for literature indicated few appropriate articles and a justification for the importance of the topic). The editors would prefer that manuscripts have interprofessional co-authors (e.g., developmental and behavioral pediatricians, psychologists, pediatricians, educators, social workers, nurses, etc.)

---

**Awareness Events**

- **August**
  - Children’s Eye Health and Safety Month
  - National Breastfeeding Month
  - National Immunization Awareness Month
  - World Breastfeeding Week (Aug. 1-7)
  - National Health Center Week (Aug. 4-10)
- **September**
  - Childhood Cancer Awareness Month
  - National Food Safety Education Month
  - Blood Cancer Awareness Month
  - National Childhood Obesity Awareness Month
  - National Sickle Cell Awareness Month
  - National Traumatic Brain Injury Awareness Month
  - Newborn Screening Awareness Month
  - National Suicide Prevention Week (Sept. 9-14)
  - World Suicide Prevention Day (Sept. 10)
  - Pain Awareness Month
  - Sexual Health Awareness Month
  - National Celiac Disease Awareness Day (Sept. 13)
  - National School Backpack Awareness Day (Sept. 18)
  - Malnutrition Awareness Week (Sept. 23-27)
  - Family Health and Fitness Day (Sept. 29)

- **October**
  - Bullying Prevention Month
  - Domestic Violence Awareness Month
  - Health Literacy Month
  - National ADHD Awareness Month
  - National Dental Hygiene Month
  - National Down Syndrome Awareness Month
  - National Physical Therapy Month
  - Pregnancy and Infant Loss Awareness Month
  - Spina Bifida Awareness Month
  - Sudden Infant Death Syndrome (SIDS) Awareness Month
  - World Cerebral Palsy Day (Oct. 6)
  - Mental Illness Awareness Week (Oct. 6-12)
  - World Mental Health Day (Oct. 10)
  - National Depression Screening Day (Oct. 10)
  - Pregnancy and Infant Loss Awareness Day (Oct. 13)
  - International OCD Awareness Week (Oct. 13-19)
  - National Health Education Week (Oct. 21-25)
  - National Healthcare Quality Week (Oct. 20-26)