

**SDBP** Society for Developmental & Behavioral Pediatrics **Behavioral Developments**

*The Newsletter of the SDBP*

**Dear Members,**

Welcome to the fall edition of our newsletter! First, we wanted to send a sincere thank you to **Nancy Lanphear, MD**, our outgoing president and to welcome our incoming president, **Damon Korb, MD**. We also want to congratulate the **Program Committee** on having the highest attendance at SDBP this year in Anaheim, CA as well as excellent attendance at workshops! This issue contains additional annual meeting highlights from several committees, sections, and SIGs and demonstrates the impressive range of work being done in the society. Be sure to check out the **Twitter picture collage from the annual meeting** and thank you to everyone who tweeted [#sdbp2018!](https://twitter.com/sdbp2018)



Additional features of this issue include a member spotlight from the Advanced Practice Nurse Section, **Karen Burkett, PhD, RN, PPCNP-BC**, as well as a spotlight on SDBP's Research Grant Awardee, **Yair Bannett, MD**.

Finally, we want to take a moment to **highlight all of the members who have made contributions to the newsletter this past year**, many of whom have submitted material on behalf of committees, sections, and SIGs. Thank you!

Melissa Armstrong, Membership Committee  
Judith Aronson-Ramos, Developmental-Behavioral Pediatrician from Parkland, FL  
Ami Bax, Developmental pediatrician from Oklahoma *Children's Hospital*  
Lisa Campbell, ADHD SIG  
Pat Curry, Advanced Practice Nurse Section  
Heidi Feldman, Past Presidents Committee  
Jason Fogler, Psychology Section & ADHD SIG  
Tanya Froehlich, ADHD SIG  
Miguelina German, Early Childhood SIG  
Dinah Godwin, Advocacy Committee  
Robin Hansen, Past Presidents Committee  
Yi Hui Liu, ADHD SIG  
Demvihin Ihyembe, International SIG  
Diane Langkamp, Research Committee

Laura McGuinn, Developmental pediatrician from Oklahoma *Children's Hospital*  
Shruti Mittal, Trainee/Recent Grad Section  
Manoj Nair, Trainee/Recent Grad Section  
*David O'Banion, Practice Issues Committee*  
Karen Olness, Past Presidents Committee  
Jennifer Poon, Education Committee  
Karen Ratliff-Schaub, Autism SIG  
David Schonfeld, Past Presidents Committee  
Katherine Steinfass, Early Childhood SIG  
Martin Stein, Past Presidents Committee  
Shruti Tewar, Trainee/Recent Grad Section  
Jenna Wallace, Advocacy Committee  
Rob Voigt, Fellowship Training Section  
Carol Weitzman, Program Committee

As always, feel free to send us any feedback or newsworthy information to include as you see fit! We welcome submissions from all members and would love to hear from you! **The next submission deadline for content will be November 30, 2018.** Questions about submissions can be sent to [schlenz@musc.edu](mailto:schlenz@musc.edu).

Thank you!  
SDBP Communications Committee

**Newsletter Team:** Alyssa Schlenz, Lisa Campbell (co-chairs), Shruti Mittal (Trainee/Recent Grad Liaison), Janice Wilkins (Association Manager), and Meg Gorham (Newsletter Designer)

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## Annual Meeting Twitter Picture Collage



## Member Spotlight: Advance Practice Nurse Karen Burkett, PhD, RN, PPCNP-BC

Submitted by Patricia Curry, MSN, APRN, CPNP-PC, PMHS

Karen Burkett, PhD, RN, PPCNP-BC is a developmental nurse practitioner and nurse researcher at Cincinnati Children's Hospital Medical Center in the Division of Developmental and Behavioral Pediatrics (DDBP). Karen has been engaged in the care and treatment of children with developmental disabilities as a pediatric nurse practitioner for 36 years, ever since her LEND traineeship at Kennedy-Krieger Institute.



Karen works in a uniquely blended role as a clinician, researcher and educator (LEND faculty). She spends 50% of her time in clinic as a pediatric nurse practitioner seeing children with developmental disabilities from age 18 months to 18 years of age. Her clinical responsibilities include developmental testing (ELAP), medication management and ongoing medical follow-up for a caseload of patients which includes children with global developmental delay, autism, complex ADHD, genetic syndromes, intellectual disabilities and disruptive behavior disorders.

Five years ago, Karen completed her PhD in Nursing Research, and began her second career as a nurse researcher focused on reducing health disparities in youth with/or at-risk for developmental disabilities. Karen has had the opportunity to present at SDBP and other national conferences on topics ranging from health disparities in childhood ASD among urban African American families to recruiting Latino *Promotores*' to improve knowledge of signs of ASD and DD in Spanish-speaking communities. She has conducted intervention research with populations of: 1) Head Start children at-risk for DD studying the impact of family navigation on early diagnosis and access, 2) *Promotores*' to increase ASD awareness in Latino communities, 3) African American families of children with ASD forming collaborative support networks, and 4) children with ASD and restricted eaters using telehealth. Karen is the first APRN (Advanced Practice Registered Nurse) to be a member of the SDBP research committee.

Serving as LEND faculty for Nurse Practitioner trainees has enabled Karen to give back to the field that has been her passion. She mentored several advanced practice nursing students who went on to have successful careers in Developmental and Behavioral Pediatrics. She is also a leading member of the ANA (American Nurses Association) committee revising the scope and standards of practice for DD nurses, nurse practitioners, and nurse faculty in order to help prepare the next generation of nursing leaders in developmental disabilities.

When not working, Karen enjoys spending time with her three grown children and two young grandsons, while resisting the urge to conduct regular developmental testing on them. Her favorite hobby is running with friends.

## SDBP Research Grant Awardee Spotlight



**The SDBP Research Grant award is a competitive award that awards \$10,000 to support a young investigator's research initiative.**

**The research grant award is made possible by financial contributions to the society. The research co-chairs are Diane Langkamp and Carolyn E. Ievers-Landis.**

### **Management of Developmental and Behavioral Conditions in Primary Care: Objective Measures of Variation**

**Yair Bannett, MD  
Stanford University**

Developmental and behavioral (DB) conditions (including attention deficit hyperactivity disorder (ADHD) and autism spectrum disorder) are estimated to affect 1 in 5 children in the United States. In a recent AAP survey, 57% of pediatric primary care providers (PCPs) report they manage ADHD and 18-24% manage other common DB conditions. However, self-report data may represent an overestimate of actual clinical practices because of social desirability bias. Objective data on clinician-level variation in management of DB conditions are limited.

In the proposed health services research study, we will analyze two years of structured EHR data (October 1, 2015 to September 30, 2017) from an established pediatric health network (73 PCPs in 9 clinics at 21 sites). We will complement these quantitative data with interviews of lead clinicians and practice managers. Using these data, we will investigate variation in diagnosis and management of DB conditions by PCPs and explore factors at multiple levels that may contribute to variation. The data will delineate rates of diagnosis and adherence to guidelines across several DB conditions, starting with ADHD, a prevalent DB condition solidly within the scope of PCP responsibility. We also will examine practice related to autism and developmental delay (DD), two conditions that frequently are first suspected and/or evaluated by the PCP.

The significance of the proposed study is in the novel use of multiple objective measures, informed by evidence-based practice guidelines, to assess variation and quality of DB-related care. Study findings will inform selection of QI strategies aimed at increasing rates and standardizing quality of DB-related care among PCPs.

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## Committee, Section and SIG Update: Annual Meeting Highlights

### Advocacy Committee Update

Submitted by Dinah Godwin, MSW, LCSW

The dozen or so SDBP members wearing an “Ask Me About Advocacy” button in Anaheim are active members of SDBP’s Advocacy Committee, and we were excited to not only present a half-day advocacy training workshop at the conference, but also to expand our advocacy education and outreach to the full SDBP membership.

Our workshop “Beyond the Exam Room: Stories of Legislative Advocacy and Skills to Help You Make a Difference” featured a “state of the union” review of current legislation that affects our patients, training on various advocacy methods, and time to practice advocacy skills. Our guest speaker, Amy Weinstock (Director of the Autism Insurance Resource Center in Massachusetts), shared her advocacy story and her success in getting autism insurance legislation passed in her state.



Committee members created a display board that included advocacy resource information and a visual reminder of SDBP’s membership presence across the U.S. and abroad. On the final day of the conference, we spearheaded the first annual Advocacy Action Moment, giving all conference attendees the opportunity to engage in 10 minutes of direct legislative advocacy on a topic of interest to our general membership – supporting the Autism CARES Act and encouraging continued funding for this important program.

The SDBP Advocacy Committee had a strong presence at the 2018 annual meeting and we look forward to working with the Board and the Program Committee in developing advocacy opportunities for our 2019 meeting in Washington, DC!

### Education Committee Update

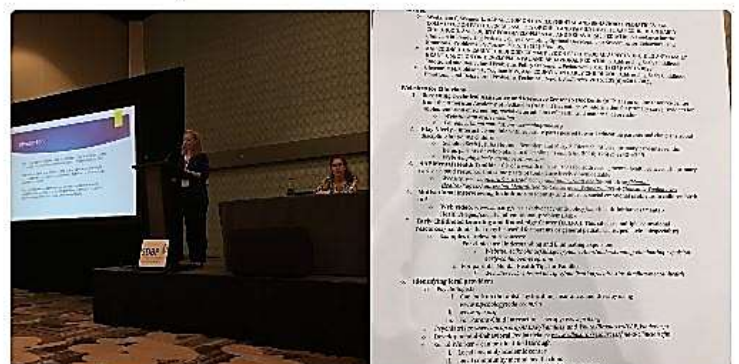
Submitted by Jennifer Poon, MD

The Education Committee had over 100 registrants for the Teaching DBPeds Workshop for the 2018 SDBP national meeting in Anaheim this past September! Furthermore, members of the committee partnered with NAPNAP to provide a case based symposium on ADHD and ASD. Planning for next year’s teaching workshop and determining potential themes will start in November or December 2018 - please join us!



SDBP @SDBPeds · Sep 14

@cdibattisto, DBPediatrician at @USC presenting on #social-emotional screening in #Pediatrics along with a list of their recommended websites and articles!





During the meeting, education committee members discussed ways to best represent SDBP’s revised goals. In addition to the yearly workshop, there may be continued opportunities to work with other organizations (family medicine, nurse practitioners, physicians assistants) to promote and increase DBP knowledge. As a part of the ADHD guidelines “roll out,” the education committee will be looking for people to represent the committee in reviewing and disseminating the guidelines.

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### Practice Issues Committee Update

Submitted by David O’Banion, MD

The Practice Issues Committee had a well-attended Monday morning meeting, with lots of passionate voices discussing our **workforce, payment, coding** and the ways our strategic plan intersects with our committee’s interests. We identified members to work with Advocacy and the Autism SIG on better describing the hurdles that families face nationally and locally when seeking care and a diagnosis. One of our subcommittees, “Models of Care,” continues a qualitative interview study of innovation in models of care.

Workforce recruitment and wellness was a major topic for conversation. Justin Schwartz and Jennifer Walton, leading the Values and Viability (V & V) Subcommittee, led a discussion on DBP workforce pipeline issues and will update the newsletter on suggestions identified and partnerships initiated. Look out for newsletter updates on how the Practice Issues Committee plans to investigate and address wellness issues, led by Roxanne Almas.

Becky Baum and Marilyn Augustyn conducted a rapid-fire rehash of their coding workshop, then led discussions on workforce and payment issues. One interesting suggestion was to adapt the one-page document, “What is a DBP Pediatrician?” developed by the V&V subcommittee into a summary of “What is DBP Care” for coders/compliance/insurance.

Stay tuned for Practice Issues Committee updates, and please reach out to chairs **Britt Nielsen** and **David O’Banion** with questions or suggestions for the PI Committee!

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### Advanced Practice Nurse Section Update

Submitted by Patricia Curry, MSN, APRN, CPNP-PC, PMHS

The APN Section supported the collaboration of NAPNAP (The National Association of Pediatric Nurse Practitioners) and SDBP to present a pre-conference symposium at the annual SDBP conference in Anaheim, CA on 9/14/18. The full day intensive workshop “Developmental Behavioral Diagnosis and Management in Pediatrics” was targeted to pediatric primary care providers, nurse practitioners preparing to transition into DB Pediatric specialty roles and those already working in DB Pediatrics. The symposium was an interprofessional case-based approach to the diagnosis and management of autism and ADHD and each case was presented by a nurse practitioner, developmental pediatrician, and psychologist. **The symposium was very positively received and half of the 91 participants stayed for the whole SDBP conference.** The collaborative efforts of NAPNAP and SDBP will hopefully continue in order to present future conference workshops and on-line training modules for nurse practitioners working in or interested in a career in Developmental and Behavioral Pediatrics.

The membership of the APN Section has **nearly doubled over the last five years and a record 27 people attended the Section meeting in Anaheim**. Patricia Curry and Judy Reinhold completed three years of leadership and the new APN Section co-chairs are Jennie Olson and Tressa Dykstra. Section priorities are:

- to increase APN membership in SDBP and participation on committees and in special interest groups
- to increase on-line networking among members in order to share information about professional roles, collaborative practice models and barriers to practice
- to promote the development of standards for training, orientation and clinical competency for nurse practitioners in DB Pediatrics.

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### Fellowship Training Section Update

Submitted by Robert Voigt, MD

The SDBP Section on Fellowship Training met at the SDBP Annual Meeting in Anaheim, California on Monday afternoon, September 17, 2018. Highlights from our meeting are summarized as follows:

- **Section Leadership:** Co-Chair: Alison Schonwald / Co-Chair: Bob Voigt
  - Board Liaison: Jill Fussell / CoPS reps: Jill Fussell, Pam High
  - Changes for 2019:
    - Bob Voigt to become Board Liaison
    - Seek nominations for new Co-Chair in 2019, as Alison Schonwald's term expires 2019.
- **Section Activities 2017-2018**
  - Updated e-List of all DBP Fellowship Program Directors:
    - List now includes all 39 DBP PD's
    - 12 DBP PD's added from last year
    - Invited 4 of the 12 added DBP PD's to join SDBP
  - Communicated Advocacy Activities: Advocating for increased funding of DBP Fellowship Programs through Autism Cares
  - Reminder to participate in SPIN Survey
  - Survey of NRMP participation
  - Updated regarding Match Results:
    - 33 of 49 available positions filled
    - 14 of 37 DBP Fellowship programs unfilled
    - 2 of 37 DBP Fellowship programs withdrew
  - Alerted Section members to review and comment on proposed revisions to ACGME Pediatric Subspecialty Program requirements: Compilation of individual DBP Fellowship PD comments sent in to ACGME
- **Update from SDBP Board**
  - Communication: Between Liaison and Section (throughout the year); Between Section and Board (annual meeting)
  - Changes to Strategic Plan: 5 goals: Education, Research, Practice, Advocacy and Visibility
  - Complex ADHD Guidelines
    - Need 2 volunteers from Section to serve as reviewers of guidelines
    - Need volunteers from Section to serve on Guideline Dissemination workgroup
  - Annual Meeting: Washington, DC next year



- **Update from Council of Pediatric Subspecialties (CoPS)**
    - Pediatric Subspecialty Workforce Committee, Action Teams
      - Workforce Surveys, Exposure to Subspecialties, Exploring 2-yr fellowships, Recruiting/Sustaining fellows/junior faculty in Research paths
    - CoPS is participating actively in the *ABP's Roadmap to Resilience and Emotional Health* project to improve screening for mental health/behavioral concerns in patients with chronic medical conditions(<https://www.abp.org/foundation/roadmap> )
    - Transition Action Team
      - Working to identify best practices in transitioning pediatric subspecialty patients to adult providers
      - Looking for a DBP liaison
    - Continuing to promote Delayed Fellowship Start Date: Start July or later, orientation July 5 or later
    - Ongoing partnership/recruitment vehicle for participation in SPIN (Subspecialty Pediatric Investigator Network) research endeavors
  - **Update on MentorMatch:** Collaboration between Research Committee and Fellowship Training Committee
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### ADHD SIG Update

Submitted by the Co-Chairs: Jason Fogler, Yi Hui Liu, and Tanya Froehlich (outgoing)

It has been a busy and exciting year for the ADHD SIG. Efforts are currently underway to review the available evidence for the Complex ADHD Guidelines, with the goal of vetting the finished Guidelines by early next year.

- If you were unable to participate in our training webinar in July, we encourage you to review the recorded webinar by clicking [here](#).
- If you want to participate in these reviewing efforts, please let Yi Hui & Jason know: [yiliu@ucsd.edu](mailto:yiliu@ucsd.edu); [Jason.fogler@childrens.harvard.edu](mailto:Jason.fogler@childrens.harvard.edu)

It was a pleasure and privilege to have **Professor Steve Evans** present on Psychosocial Treatments for Adolescents with ADHD at our meeting in Anaheim. Steve highlighted the problem of providing accommodations for students with ADHD without teaching and practicing new skills and strategies. Accommodations alone unfortunately lead to the unwanted consequence of a student who is even less prepared for age appropriate role functioning in higher ed and future careers. When in doubt, encourage practice!

Last but certainly not least, **we bid farewell to our outstanding Co-Chair Tanya Froehlich and welcome Yi Hui Liu**. Among our many initiatives for this year, Yi Hui will also be co-chairing our subcommittee to organize and curate our e-resources page with Lisa Campbell.

Thank you for all your efforts this year. We look forward to working with you in the months ahead and seeing you next September in DC if not sooner!

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### Trainee/Recent Graduate Section Update

Submitted by Shruti Mittal, MD

This year, The Section for Trainees and Recent Graduates had a great conference! We added some new trainee events that were a big success.







On Saturday night, we held the first ever Trainee "Meet and Greet", which gave trainees more time to network with each other.



The senior faculty career panel occurred during the Trainee Luncheon on Sunday, allowing larger number of trainees to hear from experienced SDBP members.



A Big Thank you to our robust and diverse career panel participants!!

- Josh Mandelberg
- Elizabeth Harstad
- Britt Nielson
- Brian Tana



On Monday, STRG had our first concurrent session, "Surviving and Thriving in Early Career Development", which covered: CV building, billing and coding, meeting productivity requirements, and mentorship in DBP. We were lucky to have such wonderful speakers involved: Marilyn Augustyn, Silvia Pereira-Smith, Cesar Ochoa-Lubinoff, Melissa Armstrong-Brine, Michelle Macias, Shruti Mittal, and Beth Wildman.

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## Highlights from the Discussion Board

Join the [discussion](#) at [sdbp.org](#). Recent topics have including a range of clinical and practice issues, such as:

- New psychology/neuropsychology testing codes – free webinar
- Correction for prematurity
- Help with school refusal
- Student/trainee travel awards
- Culturally appropriate resources for autism and other DBP topics
- Medication issues: weight gain with antipsychotic medications, use of new medications

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## Deadlines and Reminders

### Reminders and Announcements

Announcing the 2 winners from the Meeting Exhibit Bingo event and the Meeting Evaluation entry – both win free Registration to the 2019 Fall Annual Meeting in Washington DC!


Meeting Exhibit Bingo event: **Carolina Pena-Ricardo MD from Los Angeles, CA**  
Meeting Evaluation pick: **Eugenia Chan, MD, MPH from Boston, MA**

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Stay up to date with our [Calendar of Events!](#)

### CALENDAR OF EVENTS

October 17 - 18, 2018	<a href="#">World Congress on Pediatrics and Neonatology</a>	Tokyo, Japan
October 29-31, 2018	<a href="#">"International Conference on Pediatrics"</a>	Amsterdam, The Netherlands
November 2-6, 2018	<a href="#">AAP 2018 National Conference</a>	Orlando, Florida
December 13 - 15, 2018	<a href="#">12th World Pediatric Congress</a>	Abu Dhabi,UAE
March 21 - 22, 2019	<a href="#">28th World Neonatal, Pediatrics and Family Medicine Conference</a>	Dubai, UAE

Have you seen the new Twitter bird on our website? Check our Twitter feed by clicking on the  on the left-hand side of the screen at [sdbp.org](http://sdbp.org) or follow us [@sdbpeds](https://twitter.com/sdbpeds) and [@jdbp\\_online](https://twitter.com/jdbp_online).

### Awareness Events

- **November**
  - Adoption Awareness Month
  - National Epilepsy Awareness Month
  - National Family Caregivers Month
  - National Hospice Palliative Care Month
  - Prematurity Awareness Month
  - Transgender Awareness Month
  - World Immunization Day (Nov. 10)
  - National Parental Involvement Day (Nov. 15)
  - World Prematurity Day (Nov. 17)
  - National Adoption Day (Nov. 18)
  - International Survivors of Suicide Day (Nov. 17)
  - National Family Health History Day (Nov. 22)
- **December**
  - Aids Awareness Month
  - World Aids Day (Dec. 1)
  - International Day of Persons with Disabilities (Dec. 3)
  - Human Rights Day (Dec. 10)
  - National Handwashing Awareness Week (Dec. 2-8)
  - Safe Toys and Gifts Month
- **January**
  - National Birth Defects Month
  - National Mentoring Month
  - Mental Wellness Month

- National Folic Acid Awareness Week (first full week of January)
- National Human Trafficking Awareness Day (Jan. 11)
- No Name Calling Week (Jan. 15-19)

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**Questions about submissions can be sent to Alyssa Schlenz: [schlenz@musc.edu](mailto:schlenz@musc.edu)**

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