

**SDBP Half Day Workshops** – Extra fees apply to attend (see registration)

**Friday, September 13, 2019, 1:00pm – 4:00pm (Three Workshops A – C)**

**Workshop A: INTEGRATING RESEARCH INTO YOUR CLINICAL PRACTICE**

*Beth Wildman, PhD, Kent State University, Kent, OH; Alan Mendelsohn, MD, New York University School of Medicine and Bellevue Hospital Center, New York, NY; Rebecca A. Hazen, PhD, Rainbow Babies and Children's Hospital, Cleveland, OH; Eugenia Chan, MD, MPH, Boston Children's Hospital, Boston, MA; Cy Nadler, PhD, Children's Mercy Kansas City, Kansas City, MO; Diane Langkamp, MD, MPH, Akron Children's Hospital, Akron, OH; Katharine Zuckerman, MD, MPH, Oregon Health & Science University, Portland, OR*

**Brief Description of Workshop:**

This year's workshop provides trainees and practicing professionals in developmental and behavioral-related fields with the tools to effectively advocate at the state and federal levels. It builds upon the foundations established in last year's workshop by providing opportunities for attendees to practice skills related to legislative advocacy, including effectively framing messages for policy makers using a variety of formats. The workshop aims for participants to leave feeling empowered to advocate and to feel that engaging in advocacy is a natural extension of their already strong commitment to serving children and families.

**Workshop B: PRACTITIONER'S GUIDE TO PSYCHOLOGICAL ASSESSMENT ISSUES IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS**

*Cy Nadler, PhD, Children's Mercy Kansas City, Kansas City, MO; Jessica Emick, PhD, Fielding Graduate University, Cleveland, OH; Glen Aylward, PhD, Southern Illinois University School of Medicine, Springfield, IL; Deborah Potvin, PhD, Children's National Health System, Washington, DC; Melissa Armstrong, PhD, MetroHealth Medical Center, Cleveland, OH; Elizabeth Hastings, MD, Children's Mercy Kansas City, Kansas City, MO; Kiryl Shada, MS, MetroHealth Medical Center, Cleveland, OH*

**Brief Description of Workshop:**

Developmental-behavioral pediatricians and other pediatric professionals regularly engage in a wide range of psychological assessment activities, including the administration of standardized tests and clinical decision-making based on the interpretation of reports and rating scales. This workshop will facilitate interprofessional communication about psychological assessment issues through a sequence of didactics and case discussions. Following a review of foundational concepts related to test construction, selection, and administration issues, presenters will convey information about emerging tools and technologies relevant to psychological assessment. Finally, the audience will participate in the application and integration of foundational concepts and emerging trends through case-based discussion.

**Workshop C: WHAT ARE YOU? RACIAL AND ETHNIC IDENTITY DEVELOPMENT IN CHILDREN, ADOLESCENTS AND ADULTS**

*Adiaha Spinks-Franklin, MD, MPH, Texas Children's Hospital/Baylor College of Medicine, Houston, TX; Irene Loe, MD, Lucile Salter Packard Children's Hospital/Stanford University, Palo Alto, CA; Tahira Adelekan, MD, Dayton Children's Hospital, Dayton, OH; Lorena Ferreira Corzo, MD, Rush University Children's Hospital, Chicago, IL; Shruti Mittal, MD, Medical University of South Carolina, Charleston, SC; Hanein Edrees, MD, Cincinnati Children's Hospital Medical Center, Cincinnati, OH; July Jean-Cuevas, MD, Children's Mercy Kansas City, Kansas City, MO; Purnima Valdez, MD, Duke University School of Medicine, Durham, NC; Tanya Froehlich, MD, Cincinnati Children's Hospital Medical Center, Cincinnati, OH; Jessica Smith, LMSW, Texas Children's Hospital, Houston, TX; Silvia Pereira-Smith, MD, Medical University of South Carolina, Charleston, SC; Jennifer Walton, MD, MPH, Nationwide Children's Hospital, Columbus, OH; Lee Pachter, DO, Nemours/AI duPont Hospital for Children, Wilmington, DE; Yi Hui*

Liu, MD, University of California San Diego, San Diego, CA; Jeffrey H. Yang Yang, MD, Children's Hospital Los Angeles/Keck School of Medicine of University of Southern California, Los Angeles, CA; Lisa Pham, DO, Texas Children's Hospital/Baylor College of Medicine, Houston, TX

**Brief Description of Workshop:**

Racial/Ethnic Identity Development (R/EID) refers to the process of drawing meaning from one's experiences based on membership of a particular racial/ethnic group within the US. William Cross, PhD developed the Cross Model on the Psychology of Nigrescence (1971), the Black Racial Identity model. There are now models of R/EID for most cultural groups in the US. Racial/ethnic identity development influences children's worldview, school experiences, parenting practices, & lifetime outcomes. This workshop will train Developmental-Behavioral Professionals to describe models of R/EID and acquire skills to support children and families through this process.

**Saturday, September 14, 2019, 9:00am-12:00pm (Five Workshops D – H)**

**Workshop D: A HIGHER CALLING: ADVOCACY SKILLS FOR CAPITOL HILL AND BEYOND**

Robert Keder, MD, Connecticut Children's Medical Center, University of Connecticut, Farmington, CT; Jennifer Cervantes, MSW, Baylor College of Medicine, Houston, TX; Sarah DeMaio, MSW, Association of University Centers on Disabilities (AUCD), Silver Spring, MD; Dinah Godwin, MSW, Texas Children's Hospital / Baylor College of Medicine, Houston, TX; Shruti Mittal, MD, Medical University of South Carolina, Charleston, SC; Marsheena Murray, PhD, Case Western Reserve University School of Medicine/MetroHealth Medical Center, Cleveland, OH; Adiaha Spinks-Franklin, MD, Baylor College of Medicine, Houston, TX; Marisa Toomey, MD, University of Kentucky Medical School/Kentucky Children's Hospital, Lexington, KY; Jenna Wallace, PsyD, West Virginia School of Medicine, Morgantown, WV; Rylin Rodgers, BA, Association of University Centers on Disabilities (AUCD), Silver Spring, MD

**Brief Description of Workshop:**

This year's workshop provides trainees and practicing professionals in developmental and behavioral pediatrics-related fields with the tools they need to effectively advocate at the federal level. A combined effort of the SDBP Advocacy and Trainee & Recent Graduate Committees, this workshop capitalizes on the SDBP meeting location in Washington, DC by providing opportunities for attendees to practice a variety of skills related to legislative advocacy; including effectively framing messages for and delivering them to policy makers in preparation for legislative visits.

*(Please note: There are additional Advocacy sessions throughout the meeting. The Advocacy Committee is also planning a visit to Capitol Hill on Monday – if you are interested in the visit, you must register for it separately [and there will be an additional session to guide and prepare those for the federal legislative advocacy hill visits.]*

**Workshop E: PSYCHOLOGICAL FIRST AID FOR THE BUSY PHYSICIAN: A SAFETY AND PREPAREDNESS APPROACH TO PROVIDING CARE AND ESTABLISHING TRUST FOR OUR PATIENTS WITH DEVELOPMENTAL TRAUMA, SUICIDALITY, & SERIOUS MENTAL ILLNESS**

Jason Fogler, PhD, Boston Children's Hospital, Boston, MA; Kenneth Allen, PhD, Santa Clara Valley Medical Center, San Jose, CA; Michelle Hardell, PsyD, County of Santa Clara Health System, Santa Clara, CA; Brittany Myers, PhD, MetroHealth Medical Center, Cleveland, OH; Randall Phelps, MD, PhD, Oregon Health Sciences University, Eugene, OR

**Brief Description of Workshop:**

Traumatized children often present with behaviors confounding to parents, special education teams, and other professionals. These behaviors in children and adolescents can mimic those of ADHD, ASD, and other disorders outlined in the DSM-5, and their intermittent and unpredictable nature requires a more flexible treatment approach. We will review challenges to identifying the effects of traumatic stress and provide strategies to work with these children more effectively based on experience consulting to schools, parents, and other professionals. This interactive workshop teaches hands-on skills for managing psychiatric crises resulting from developmental trauma, suicidality, or psychosis in time-limited settings.

## **Workshop F: HELPING FAMILIES AND OURSELVES COPE WITH CHALLENGING DIAGNOSES: A MULTI-DISCIPLINARY EXPLORATION OF GRIEF IN DEVELOPMENTAL BEHAVIORAL PEDIATRICS**

*Daniel Wilder Larrow, MD,FAAP, University of Kentucky, Lexington, KY; Christine Ross, M.Div, BCC, Kentucky Children's Hospital, UK HealthCare, Lexington, KY; Caitlin Allen, PhD, University of Kentucky, Lexington, KY; Georgia Dunagan, BSN, JD, MASF, UK HealthCare, Lexington, KY; Melanie Tyner-Wilson, MA, University of Kentucky, Lexington, KY; Ana Villalobos-Acosta, MD, University of Kentucky College of Medicine, Lexington, KY*

### **Brief Description of Workshop:**

Developmental-behavioral pediatrics professionals from all levels and disciplines will explore acute and chronic grief in both families and providers. A multidisciplinary team will lead this session including a DBP pediatrician; pediatric chaplains; a clinical psychologist; a triple board resident and a family support specialist who is also a parent of a young adult with Autism and an Intellectual Disability. Workshop leaders will guide participants in strategies for recognizing grief in our patient families as well as ourselves and offer practical strategies for coping, including how to give difficult news to parents.

## **Workshop G: APPLYING THE SPECTRUM OF OBESITY TREATMENTS FOR CHILDREN AND ADOLESCENTS WITH DEVELOPMENTAL DISABILITIES: FROM BEHAVIORAL INTERVENTIONS TO SURGERY**

*Eleanor Mackey, PhD, Children's National Health System, Washington, DC; Adelle Cadieux, PsyD, Michigan State University/Helen DeVos Children's Hospital, Grand Rapids, MI; Elizabeth Getzoff Testa, PhD, Mt. Washington Pediatric Hospital, Baltimore, MD; Meredith Dreyer Gillette, PhD, Children's Mercy - Kansas City, Kansas City, MO; Nazrat Mirza, MD; Evan Nadler, MD, Children's National Health System, Washington, DC*

### **Brief Description of Workshop:**

Children and adolescents with developmental disabilities are more likely to have obesity than their peers. However, treatments for obesity are not often tailored to this group's specific needs in order to provide them optimal treatment for the disease. This multidisciplinary presentation will describe treatment approaches for these children and adolescents ranging from behavioral treatments, medication management, and bariatric surgery, providing practical information as well as ethical considerations.

## **Workshop H: TRANSITION PLANNING FOR YOUTH WITH NEURODEVELOPMENTAL DIAGNOSES: BEST PRACTICES TO ADDRESS COMPLEX CARE NEEDS AND BEHAVIORAL HEALTH**

*Whitney Herge, PhD, Texas Scottish Rite Hospital for Children, Dallas, TX; Veronica Meneses, MD, UTSW, Dallas, TX; Mackenzi Summers, MS, CTRS; Julie Rogers, LCSW-S, Texas Scottish Rite Hospital, Dallas, TX*

### **Brief Description of Workshop:**

Targeting developmental behavioral professionals of all disciplines and experience levels, this workshop will increase knowledge and skills in transition planning. Professionals in Psychology, Developmental-Behavioral Pediatrics, Social Work, and Therapeutic Recreation will lead the session, highlighting a biopsychosocial approach to transition and outlining the consensus report from the AAP, ACP, and AAFP, along with the Child Neurology Foundation recommendations. Conceptualization and implementation details of a pilot program at a specialized pediatric hospital will serve to illustrate the extraordinary needs posed by a complex neurodevelopmental disorder. Participants will practice transition planning through small group case discussions and sample policy development.