

# SDBP Teaching DBPeds Workshop 2017

Friday, October 13, 2017- 1:00pm to 7:35 pm

TIME		
1:00-1:05 pm	Welcome & Orientation/Introduction -- <b>HOPE BALLROOM D</b>	
1:10-1:30 pm	Common Session <b>Best Practices Initiative - D'Sa V</b>	
BREAKOUT SESSION 1 1:35-2:35 pm	<b>HOPE BALLROOM D</b>	<b>HOPE BALLROOM A</b>
	<b>Professionalism –How Do We Define It And How Can We Measure It?</b> J Poon, S Cobb, B Emrick, L Carpenter	<b>The Shared Decision-Making Process: Background and Application for Education of Pediatric Professionals</b> R Adams, V Bordes Edgar
2:35-2:40 pm	Break	
BREAKOUT SESSION 2 2:40- 4:10 pm	<b>Mindfulness in Developmental-Behavioral Pediatrics: Caring for our Patients and Ourselves</b> H Bhakta, S Lam, R Myers, K Ponitz, S Rusnak, M Clark	<b>Shared Decision-Making in Developmental-Behavioral Pediatrics: Teaching Residents</b> L Huffman, L Hubner
4:10-4:30 pm	Break with Refreshments	
BREAKOUT SESSION 3 4:30-6:00 pm	<b>Teaching Pediatric Residents Assessment and Management Strategies to Address Common Behavioral Concerns in General Practice</b> S Monteiro, K Ostermaier, G Villarreal, J Castillo, L Pham, N Mensah-Bonsu, D Godwin, R Voigt, J Topham, J Dempsey	<b>Mindful Clinical Practice: Tools for DBPeds Learners</b> P Sullivan, L Sturm
6:00-6:05 pm	Break	
BREAKOUT SESSION 4 6:05-7:35 pm	<b>From Madness to Methods: Expanding Knowledge and Repertoire of Instructional Teaching Methods in Developmental and Behavioral Pediatrics</b> E. Meyers	<b>Infant Mental Health Training in DBP Settings</b> D Vanderbilt, P Lakatos, T Matic, K Schifsky

## Teaching Workshops – Descriptions

### 1:10-1:30pm

#### **Common Session: BEST PRACTICES INITIATIVE**

*Viren D'Sa, Brown Medical School, Attleboro, MA*

### 1:35-2:35pm

#### **PROFESSIONALISM –HOW DO WE DEFINE IT AND HOW CAN WE MEASURE IT?**

*Jennifer Poon, MD, Medical University of South Carolina, Charleston, SC, Stacey Cobb, MD, University of South Carolina, Columbia, SC, Beth Emrick, MD, West Virginia University Charleston Division, Charleston, WV, Laura Carpenter, PhD, Medical University of South Carolina, Charleston, SC*

#### **Brief Workshop Description:**

Principles of professionalism will be reviewed. Learning objectives related to professionalism will be developed in a small group setting and shared.

## **THE SHARED DECISION-MAKING PROCESS: BACKGROUND AND APPLICATION FOR EDUCATION OF PEDIATRIC PROFESSIONALS**

*Richard C. Adams, MD, Veronica Bordes Edgar, PhD, University of Texas Southwestern Medical Center, Dallas, TX*

### **Brief Workshop Description:**

The session will discuss the tenets of Shared decision-making (SDM) and how its use supports the incorporation of involved stakeholders. With an increased knowledge of and understanding of SDM tools for clinical and/or research endeavors, the learner will improve the overall beneficence of the physician, the authority of the family, and the autonomy and well-being of the child in these activities.

### **2:40-4:10pm**

## **MINDFULNESS IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS: CARING FOR OUR PATIENTS AND OURSELVES**

*Hemangini Bhakta, MD, Suet Kam Lam, Ross Myers, MD, Keith Ponitz, MD, UH Rainbow Babies and Children's Hospital, Cleveland, OH, Suzanne Rusnak, MEd, MSSA, University Hospitals, Cleveland, OH, Marie A. Clark, MD, MPH, UH Rainbow Babies and Children's Hospital, Cleveland, OH*

### **Brief Workshop Description:**

Mindfulness is becoming a well-recognized tool to assist patients in dealing with chronic illness, as well as to combat the stress and fatigue of medical practice and training. The goal of this workshop is to prepare participants to use interactive methods to teach trainees an introduction to mindfulness techniques for use in practice with patients and in personal growth and development.

## **SHARED DECISION-MAKING IN DEVELOPMENTAL-BEHAVIORAL PEDIATRICS: TEACHING RESIDENTS**

*Lynne C. Huffman, MD, Lauren M. Hubner, MD MPH, Stanford University, Stanford, CA*

### **Brief Workshop Description:**

Shared decision-making (SDM) is ideally suited for communication about initiation and changes in DBP-related treatments. In this workshop, we will utilize several evidence-based approaches to SDM training. At the conclusion of the workshop, participants will have experience with three different SDM aids and one observer-based outcome measure, which can be carried back for use in their own institutions.

### **4:30-6:00pm**

## **MINDFUL CLINICAL PRACTICE: TOOLS FOR DBPEDS LEARNERS**

*Paula Sullivan, PhD, Lynne Sturm, PhD, Indiana University School of Medicine, Indianapolis, IN*

### **Brief Workshop Description:**

Workshop attendees will learn a broad range of tools to foster self-reflection, self-compassion and appreciation of strengths (i.e. appreciative inquiry) in DBPeds learners. Participants will experience brief mindfulness practices, readings from narrative medicine and reflective writings to use in clinical precepting and post-encounter debriefing with learners.

## **TEACHING PEDIATRIC RESIDENTS ASSESSMENT AND MANAGEMENT STRATEGIES TO ADDRESS COMMON BEHAVIORAL CONCERNS IN GENERAL PRACTICE**

*Sonia Monteiro, Kathryn Ostermaier, MD, Grace Villarreal, MD, Jonathan Castillo, MD, Lisa Pham, MD, Noel Mensah-Bonsu, MD, Dinah Godwin, MSW, Robert Voigt, MD, Jonathan Topham, MD, Jack Dempsey, PhD, Baylor College of Medicine/ Texas Children's Hospital, Houston, TX*

### **Brief Workshop Description:**

Participants will build a multi-dimensional curriculum for residents that addresses common behavioral concerns that occur in general practice.

### **6:05-7:35pm**

## **INFANT MENTAL HEALTH TRAINING IN DBP SETTINGS**

*Douglas Vanderbilt, MD, MS, Patricia Lakatos, PhD, Tamara Matic, PhD, Kelly Schifsky, DO, Children's Hospital Los Angeles, Los Angeles, CA*

### **Brief Workshop Description:**

Pediatric providers are increasingly being expected to identify and manage early signs of behavioral problems in infancy often without formal training. Our workshop empowers the DBP educator with specific teaching methodologies for training residents and fellows in the basics of infant mental health.

## **FROM MADNESS TO METHODS: EXPANDING KNOWLEDGE AND REPERTOIRE OF INSTRUCTIONAL TEACHING METHODS IN DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS.**

*Emily Myers, MD, University of Washington School of Medicine, Seattle, WA*

### **Brief Workshop Description:**

This interdisciplinary and interactive workshop, from Madness to Methods (M2M), is an evidence-based technique to engage educators in both learning and applying novel teaching techniques. Participants in this workshop will engage in one session of M2M, using participant-developed learning objectives in the field of Developmental and Behavioral Pediatrics.

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## **SDBP Workshops**

### **Friday, October 13, 2017**

**12:00pm-6:00pm FULL DAY Workshop – Friday, October 13th**

### **Workshop A: HARNESSING THE POWER OF MEDIA: EFFECTIVE ENGAGEMENT WITH FAMILIES AND COLLEAGUES IN THE DIGITAL AGE**

*Michael Patrick, MD, David Stukus, MD, Kathryn Nuss, MD, Nationwide Children's Hospital, Columbus, OH*

#### **Brief Description of Workshop:**

The effective use of a variety of communication resources to reach patients, families, colleagues and the public is an important skill for clinicians and researchers. In this interactive workshop participants will choose topics of interest and journey through the process of constructing focused messages that meet educational goals while considering the needs of a target audience. Participants will learn and practice strategies aimed at cultivating an online presence and curating content that supports their message. They will also learn and practice the basics of content creation, including blog posts, web videos, digital CME and podcast, radio and television interviews. This workshop was coordinated by the Communications Committee of SDBP and was developed based on membership feedback regarding the importance of communicating with external media. *Note: this is a 6-hour workshop with breaks/snacks – please bring a laptop or tablet to this workshop.*

**1:00pm-4:00pm HALF DAY Workshops – Friday, October 13th**

### **Workshop B: RESILIENCE, MINDFULNESS AND YOGA: AN EVIDENCE BASED EXPERIENTIAL REVIEW AND PRACTICE**

*Nancy E. Lanphear, MD, University of British Columbia, Vancouver, BC, Robyn S. Mehlenbeck, PhD, George Mason University, Fairfax, VA*

#### **Brief Description of Workshop:**

This unique evidence-based workshop combines presentation, practice and discussion of how to utilize mindfulness and yoga in your DBP practice. An overview of the literature will cover how these practices enhance care for individuals with certain developmental and behavioral conditions and cover resilience for clinicians related to burn out from work. This workshop includes active practice and moves from hearing to doing. Attendees will experience the practices and consider how to incorporate these skills in professional settings. Attendees need to wear clothes which allow for movement and comfort. You will need a blanket and towel for props.

### **Workshop C: MANAGING BULLYING LIKE A DB-PRO(FESSIONAL)**

*Robert D. Keder, MD, Connecticut Children's Medical Center/University of Connecticut, Farmington, Connecticut, Kimberly Burkhart, Ph.D., Rainbow Babies and Children's Hospital/Case Western Reserve University, Cleveland, OH, Patricia McGuire, MD, All Children Are Special, Eau Claire, WI, Lauren Tarnok, MD, Steven & Alexandra Cohen Children's Medical Center of NY/Northwell Health, Lake Success, NY, Adiaha I. Spinks-Franklin, MD, Texas Children's Hospital/Baylor College of Medicine, Houston, TX*

#### **Brief Description of Workshop:**

Have you felt helpless working with a child targeted by bullying? Have you ever wondered what you could do to stop bullying in your community? If so, join this dynamic, well-paced, and highly interactive workshop that will prepare you to handle bullying like a DB-Pro! Developmental-Behavioral Pediatric Professionals have a critical role in assisting children/families involved in bullying behaviors while also providing local/state advocacy around the topic of bullying and training others. We will use cases, multimedia, and engaging activities to demonstrate a systems-based approach to bullying. You will be provided with a handy anti-bullying workbook for use during and after this workshop.

### **Workshop D: CEREBRAL PALSY: IMPROVING OUTCOMES THROUGH EARLY DIAGNOSIS AND INTERVENTION**

*Katherine J. Steingass, MD, Nationwide Children's Hospital, Columbus, OH, Allison G. Dempsey, PhD, McGovern Medical School at University of Texas Health Science Center at Houston (UTHealth), Houston, TX, Jessica Lewis, DPT, PCS, Garey Noritz, MD, Lindsay Bartram, DO, Sha Clark, MSW, Nationwide Children's Hospital, Columbus, OH, Howard W. Needelman, MD, University of Nebraska Medical Center, Omaha, NE, Andrea F. Duncan, MD, McGovern Medical School at University of Texas Health Science Center at Houston (UTHealth), Houston, TX*

#### **Brief Description of Workshop:**

Cerebral palsy is commonly diagnosed between 18 and 24 months. Increasing evidence indicates that children can and should be identified earlier to facilitate early intervention and to optimize neuroplasticity. This workshop will review the latest research on tools to improve early identification of cerebral palsy and emerging evidence for specific intervention strategies. It will include instruction in administering and interpreting neurodevelopmental assessments as well as discussion groups regarding how participants can incorporate assessment strategies into their own practices. Models of collaboration with local early intervention programs and strategies for supporting and empowering families will also be discussed.

### **Saturday, October 14, 2017**

**9:00am-12:00pm Half Day Workshops – Saturday, October 14th**

### **Workshop E: ADVOCACY BOOT CAMP: LEARNING TO BECOME AN EFFECTIVE ADVOCATE FOR CHILDREN WITH DISABILITIES**

*Dinah L. Godwin, MSW, Baylor College of Medicine, Houston, TX, Marsheena Murray, PhD, MetroHealth Medical Center, Cleveland, OH, Adiaha Spinks-Franklin, MD, Baylor College of Medicine, Houston, TX, Robert D. Keder, MD, University of Connecticut, Farmington, CT, Mana Mann, MD, MPH, Albert Einstein College of Medicine/Children's Hospital at Montefiore, Bronx, NY, Marisa E. Toomey, MD, Kentucky Children's Hospital, UK HealthCare, University of Kentucky, Lexington, KY, Jenna Wallace, PsyD, Valley Health Systems, Hurricane, WV*

#### **Brief Description of Workshop:**

The purpose of this year's workshop is to introduce trainees to developmental-behavioral pediatric policy matters, with a special emphasis on federal and state Medicaid systems and coverage and reimbursement concerns. Trainees will learn about about key Medicaid policies, identify and discuss key issues that lawmakers are currently addressing, and work in teams to develop effective advocacy strategies at the federal, state, local and individual levels.

**NOTE: This Advocacy Boot Camp Workshop is offered FREE to all trainees!**

## **Workshop F: PEDIATRIC BIOFEEDBACK: AN ADVANCED PRIMER**

*Ethan Benore, PhD, Cleveland Clinic, Cleveland, OH, Eric Scott, PhD, CS Mott Children's Hospital, Ann Arbor, MI*

### **Brief Description of Workshop:**

This workshop provides advanced skills and knowledge regarding biofeedback applications for common pediatric and adolescent disorders. Topics covered include: 1) review of psychophysiology and theories underlying biofeedback; 2) description and demonstration of various biofeedback systems (comparing high-tech, comprehensive biofeedback systems with inexpensive and patient-purchased systems); 3) review of clinical applications of biofeedback in Pediatrics; and 4) education on strategies to improve one's clinical practice using biofeedback. We will leave sufficient time at the end for further questions/demonstrations. Please note that past introduction/experience with biofeedback will be helpful.

## **Workshop G: STRUCTURAL EQUATION MODELING: DEVELOPING AND TESTING MODELS USING AMOS**

*Christopher J. Burant, PhD, Marco-Antonio A. Hartmann, MA, Laura Hlavaty, MA, Case Western Reserve University, Cleveland, OH, Carolyn E. Ievers-Landis, PhD, University Hospitals Cleveland Medical Center, Cleveland, OH*

### **Brief Description of Workshop:**

This Society of Developmental and Behavioral Pediatrics' Research Committee-sponsored workshop is designed to provide hands-on experience via a step-by-step approach to testing and developing models, selecting variables, and interpreting results and goodness of fit indices associated with structural equation modeling (SEM). SEM can be used to analyze the interrelationships among predictors of health outcomes. Attendees will learn SEM basics from Christopher Burant, Ph.D., a medical sociologist who served as a beta tester for AMOS (a structural equation modeling program) for 17 years. Dr. Burant is also an expert statistics reviewer for the Journal of Developmental and Behavioral Pediatrics and the Journal of Pediatric Psychology and has given numerous SEM workshops. Dr. Burant will guide attendees through the process along with assistance from clinical psychology graduate students who have recently taken his semester-long SEM graduate-level course. JDBP Associate Editor, Carolyn Ievers-Landis, will also share recommendations for publishing studies using SEM. Attendees will be given ample opportunity for questions and will receive individual guidance while setting up an initial model in AMOS on their own computers.

## **Workshop H: DEVELOPMENTAL COORDINATION DISORDER: FROM BRAIN RESEARCH TO CLINICAL PRESENTATION**

*Elizabeth Mickelson, BSc(PT), MD, FRCP(C), Sunny Hill Health Centre for Children, UBC, Vancouver, BC, Jill Zwicker, PhD, OT(C), BC Children's Hospital Research Institute, UBC, Vancouver, BC*

### **Brief Description of Workshop:**

This workshop will allow the participant to understand the current neuroscience behind Developmental Coordination Disorder (DCD) and integrate knowledge (from therapy assessments, developmental history review, guided clinical interview and neurological/physical examination) to apply the diagnostic criteria to make the diagnosis from multidisciplinary sources. At risk populations will be identified; including approaches to complex developmental presentations. Management of DCD, including intervention and educational resources, will be discussed. The format will include slide presentation, case-based learning, small group work, review of video and mock assessment materials to facilitate knowledge and understanding.