

Interdisciplinary Leadership for Developmental-Behavioral Health

Interdisciplinary leadership for developmental-behavioral health

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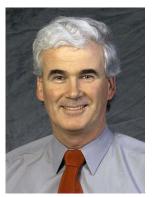
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Next Newsletter Submissions

Due by July 26th

## President's Message

Submitted by Desmond Kelly, MD



Welcome to the second edition of our electronic newsletter. I hope you have had a productive spring and will have some opportunity for rest and recuperation this summer. You will need that to continue addressing the challenges we face in day to day practice, teaching and research and to keep up with the activities the Society for Developmental & Behavioral Pediatrics has lined up for you this fall including our Annual Meeting in Phoenix this September.

We have been busy at SDBP. Our new discussion board has been launched and I encourage you to sign up for the weekly

notifications that will steer you to lively discussions in your area of interest without filling your email inbox.

Our primary activity in the early part of this year has been the revision of our strategic plan. We had a very productive meeting in Washington in February at which time we focused our goals for the coming few years and you can view those at the following link: 2012 Strategic Plan. You will see that during this process we also revised our mission and vision statements to emphasize the role of SDBP in "Improving the health and well being of children and their families by supporting interdisciplinary professionals to advance the field of developmental and behavioral pediatrics." I would like to thank the Board members and committee representatives who have worked so hard on this project and are currently putting the finishing touches on action plans and timelines.

We are continuing efforts to support our physician members meet the requirements for Maintenance of Certification (MOC), especially the Part 4 MOC Performance in Practice requirement for quality improvement projects. SDBP representatives have been assigned to writing groups at the American Board of Pediatrics to revise the Performance Improvement Module (PIM) for ADHD that will have a subspecialty track, and others have beta tested the new Adolescent Depression PIM. We are involved in the early stages of a number of other projects to ensure that SDBP is engaged from the start and able to influence the direction of national initiatives that have bearing on children's development and behavioral health. Congratulations are also in order for our team that ensured that once again this year Developmental-Behavioral Pediatrics was a lead player at the Pediatric Academic Society meeting.

In all these efforts we rely on the volunteer commitment of our members and are deeply grateful for those who give so much of themselves. As you will read in the newsletter our committees are hard at work. I encourage you all to be involved during this critical period of change in models of health service delivery to ensure the viability of our subspecialty. But also be sure to make time for some fun this summer!



## Strategic Plan 2012—2015

An international organization dedicated to improving the health of infants, children, and adolescents by promoting research, teaching and clinical practice in developmental and behavioral pediatrics.

### **Mission**

Improving the health and well being of children and their families by supporting interdisciplinary professionals to advance the field of developmental and behavioral pediatrics.

### **Vision**

Optimal development and behavioral health for all children and their families

### **Core Values**

- Biopsychosocial
- Collaboration
- Scientific basis of field
- Interdisciplinary
- Collegiality
- Child and Family Advocates
- Cultural competency
- Teachers/Educators



## The Goals of the Strategic Plan

### **Education Goal**

Support life-long learning through synthesis, translation and dissemination of evidence-based DBP

#### **OBJECTIVES**

- 1. Develop and promote DBP curricula for application in multiple fields across the continuum of professional education.
- 2. Develop and promote best practices in interdisciplinary training and evaluation
- 3. Enhance leadership skills in DBP Experience incremental growth of a diverse membership

#### **Research Goal**

Promote high quality DB Research that supports the advancement of developmental and behavioral pediatrics

#### **OBJECTIVES**

- 1. Increase members' participation in research
- 2. Increase development of research skills
- 3. Promote collaborative research between professionals and institutions

### **Viability Goal**

Ensure the continued success of the field of Development Behavioral Pediatrics

#### **OBJECTIVES**

- 1. Define the scope of developmental behavioral practice
- 2. Communicate our expertise and scope of service to families, providers, and payers
- 3. Create and promote empirically driven, efficient, and high quality models of care

## **About SDBP**

The Society for Developmental and Behavioral Pediatrics (SDBP) was founded in 1982 by a small group of forward-thinking pediatricians and their colleagues. Now over a quarter of a century later, the SDBP has become an international organization dedicated to improving the health of infants, children, and adolescents by promoting research, teaching and clinical practice in developmental and behavioral pediatrics. Comprised of more than 700 members, the society strives to promote an integrated understanding of the biological, social, educational, and cultural influences on children and their families.



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### **Committee Reports**

Fellowship Committee

Membership Committee

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## Fellowship Training Committee

Jill J. Fussell, MD and Maris Dobrow Rosenberg, MD, Co-Chairs

The SDBP Fellowship Training Committee has been busy working on ways to improve training. When we meet in Phoenix, we will focus on assessing competency, funding fellows, and helping fellows develop research plans. We are excited about workshops and activities at our annual meeting for trainees and program directors. Our mentor match program is flourishing. We want to encourage all trainees to request a mentor. Our committee could use help and welcomes anyone with an interest in mentoring fellows to join us. Â At our meeting in Phoenix, we will work more on making it easier for residents to apply to DBP fellowships using the Electronic Residency Application Services. We are especially eager for interdisciplinary participation in our committee.

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## **Membership Committee**

Gray Buchanan, PhD and H. Lynn Starr, MD, Co-Chairs

The Membership Committee continues to work on new ways to increase membership in The Society. Some recent initiatives include efforts to expand membership through collaboration with other medical organizations as well as various strategies that will help SDBP become more racially, ethnically, and age diverse.

Membership numbers are positive; however, many members have not yet renewed for 2012. If this is you, please look for the email explaining how you can renew on-line; and please renew early to ensure the maximum benefits. (It is certainly easy to let the renewal slip down your in-box!) You can look on the SDBP web-site to check your membership status at any time.

We've also worked to clarify the advanced degree requirements for regular membership: SDBP members who currently hold a terminal degree (i.e., the highest academic degree in their field of study) in a discipline related to the Society's goals and objectives, and who are currently categorized as Associate Members, may choose to become regular members. As Regular Members they can vote for Society officers and run for elected offices within the Society; they also pay all regular member fees. If you want to change your membership category or have any questions regarding your membership category, please contact SDBP at info@sdbp.org.

As the annual conference approaches we expect many new members to join. We welcome both old and new members to expand their involvement by joining our committee. Please contact Gray <a href="mailto:gbuchanan@ghs.org">gbuchanan@ghs.org</a> or Lynn <a href="mailto:HStarr@its.jnj.com">HStarr@its.jnj.com</a> if you would like to learn more about our initiatives.

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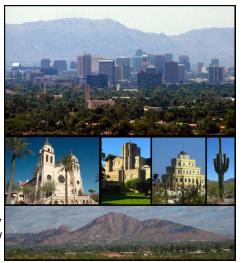
## 2012 Annual Meeting Highlights

This year's meeting in Phoenix is once again shaping up to be an exciting meeting, and is sure to meet the needs of our assorted membership!

The Program CommitÂtee is looking forward to welcoming everyone to Arizona.

This year's Lectureship recipient **Sally Ozonoff**, **PhD**, will be presenting on Sunday, September 9, 2012

In her presentation, Dr. Ozonoff will discuss early identification of ASD in infants and young toddlers, summarizing existing research and describing new results from an ongoing prospective study.



Recurrence risk of ASD in families who already have a child with ASD will be discussed, as will developmental challenges beyond ASD that may occur in siblings. The talk will conclude with clinical implications for screening in primary care and treatment.

### Friday Teaching Developmental-Behavioral Pediatrics to Residents

Teaching developmental and behavioral pediatrics, a workÂshop developed by the Education Committee. If you run a DBP rotation, this workshop should be on your agenda. Note: this is back on FRIDAY.

General Session (60 minutes) Featuring Grace Caputo (Phoenix Children's Hospital) Session I (90 minutes)

- Teaching Cultural Competency in DBPs
- Brief Interventions in Child Mental Health for the Pediatric Practitioner (BI-PED) -A tool to help train residents for addressing mental health problems in primary care

#### Session II (60 minutes)

- Time to Learn About Children (TLC): A Resident Training Program in Developmental Screening within the Continuity Clinic Curriculum
- Teaching Developmental Behavioral Pediatrics to Residents: The Electronic Longitudinal Curriculum
- Teaching Effective Behavior Management Skills One Resident at a Time

#### Session III (60 minutes)

- Time to Learn About Children (TLC): A Resident Training Program in Developmental Screening within the Continuity Clinic Curriculum
- Teaching Developmental Behavioral Pediatrics to Residents: The Electronic

Longitudinal Curriculum

• If practicing DBPeds is so easy (for me), why is teaching it to Med students so HARD?

#### Saturday Pre-Meeting Half-Day Workshops

- · Considering Culture in autism screening, diagnosis and treatment
- QI 201: Planning and Executing a Quality Improvement Project
- DSM-5 for DBP Practitioners: Something Old, Something New, Something Borrowed, and Something Blue
- · The Business Side of DBP: Making it Fit
- Bridging the Gap between the Medical and Educational Models: Teaching the Developmental and Behavioral Pediatrician How to Recognize and Maximize Educational Implications of DBP
- MOC Workshop

### Saturday Pre-Meeting FULL-Day Workshop

· Pediatrics and The Family: Incorporating Systems Principles into Practice

Online Registration OPENING SOON! Look for Early Bird discounts and special rates on hotel reservations!

Click here for more details!

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## Research Profile: Tanya Froelich

Submitted by Paul Wang, Susan Berger and Madeleine Shalowitz

The Research Committee will profile members with active research programs in the SDBP Newsletter. This issue, we profile Dr. Tanya Froehlich.

Dr. Froehlich uses a multi-dimensional approach to understanding the epidemiology, etiology, and treatment of ADHD. She published her first paper on the national prevalence of ADHD in U.S. children during her fellowship. She found that poor children were most likely to meet DSM-IV criteria for ADHD, yet were least likely to receive consistent medication management. Dr. Froehlich is interested in understanding why certain children, including socioeconomically disadvantaged children, may be more vulnerable to ADHD than others. Her focus is to understand the etiology of ADHD, identify vulnerable populations, and formulate preventive measures.



Currently, Dr. Froelich is studying the role of environmental exposures in ADHD. Dr. Froelich's research increases precision by measuring exposure using biomarkers, whenever possible. In a follow-up to her first study, she showed that a large part of the association between poverty and ADHD can be explained by the effects of childhood lead and *in-utero* tobacco exposure. In another study, she found that boys and those with certain dopamine-related genetic variants were particularly susceptible to the adverse effects of lead exposure on ADHD-related executive functioning. Dr. Froehlich believes that knowledge of environmental exposures is integral to ADHD prevention. She is currently co-investigator on a National Institute of Environmental Health Sciences R01 grant which aims to determine the effects of pyrethroid pesticide exposure on ADHD symptoms and executive functioning.

Dr. Froehlich currently has a National Institute of Mental Health K23 Award aimed at identifying genetic and phenotypic predictors of ADHD medication response. She has authored reviews on ADHD pharmacogenetics, as well as a recent paper showing that individuals with the dopamine receptor D4 and dopamine transporter genotypes had greater improvement in their hyperactive-impulsive symptoms with methylphenidate treatment than those with the "high risk" genetic variants. Dr. Froehlich also coauthored a study on a novel genotyping assay for carboxylesterase 1 (CES1), the enzyme which metabolizes methylphenidate, and is currently undertaking a study on the effects of CES1 genetic variants on methylphenidate response. In the future, Dr. Froehlich hopes that her work will contribute to the development of a treatment algorithm that would allow more expeditious identification of the most effective and well-tolerated ADHD medication for each child.

Originally from northwestern Pennsylvania, Dr. Froehlich's medical training took her to Yale University for medical school and the Children's Hospital of Philadelphia for a residency in pediatrics. She then returned to her middle America roots for fellowship at Cincinnati Children's

Hospital Medical Center, where she completed a DB Peds fellowship, a National Research Service Award fellowship, and a Masters in Epidemiology at the University of Cincinnati. She is currently an Assistant Professor of Pediatrics at Cincinnati Children's Hospital Medical Center, where her work focuses on learning and behavioral issues in school age children in general and on ADHD in particular. Dr. Froehlich is an active member of SDBP. She is on the Research Committee and the ADHD SIG. She would love to hear from SDBP members with similar interests. She can be contacted at <a href="mailto:tanya.froehlich@cchmc.org">tanya.froehlich@cchmc.org</a>.

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## **Spotlight on Trainees**

Submitted by Nicole Wightman

Ami Bax is beginning the third year of her DBPeds fellowship at the University of Oklahoma Child Study Center, under the mentorship of Mark Wolraich and Laura McGuinn. Bax's research explores the relationship between how pediatric residents were themselves parented and the parenting advice they dispense in the clinic. Her goal is to use this information to design an individualized Parenting/Discipline curriculum for pediatric residents. Having completed her general pediatrics residency at the University of Oklahoma, Bax has maintained a strong connection to the residency program by focusing on resident education during the DBP rotation.



She looks forward to providing residents at OU and elsewhere with a stronger foundation in the principles of parenting and discipline.

Concurrent with her DBPeds fellowship, Bax is completing a master's degree in Clinical and Translational Sciences, adding depth to her understanding of clinical research and statistics. Clinically, she has cared for children with ADHD and autism, and has developed an Urgent Clinic at the Child Study Center to aid families of children with significant behavior problems.

Bax was born and raised in Oklahoma, and she and her husband have a 7-year-old daughter and 5-year-old twin boys. She and her family plan to stay in Oklahoma where she can continue to improve the standard of care for children while pursuing her clinical and research interests in an academic setting.

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### Welcome New SDBP Members!

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Vincent J. Barone, PhD

Catherine Ann Canary, MD

Melinda Caskey, MD

Catherine Cheely, PhD

Jillian Childres, PhD

Alison Downes, MD

Ronald Funes, MD

Miguelina German, PhD

Fabian Gorodzinsky, MD, FRCPC, AAPD

Michelle Greene, PhD

Shalinee Khurana, MD

Jennifer SH Kiing MBBS, FRACP

Lawrence Laveman, MD, FAAP

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Do Kyeong Lee, PhD

Robert Lee, DO

Deborah C. Lin-Dyken, MD

Meghan Lines, PhD

James G. McGuire, MD

Cheryl A. Milford, ED.S.

Anita Narayanan, MD

Michael Nelson, PhD

Helen Papaioannou, MD

Jenny Radesky, MD

Christina Sakai, MD

Lauren Sanlorenzo, MD

Alexandria Saulsberry, MD

Rebecca Schrag, PhD

Margaret Sheridan, PhD

Charles Shinaver, PhD

Monika Siedlarz, MD

Lisa Spector, MD

Beverly D. Ulrich, PhD

Ryan Uy, MD

Aimee West, BA

Timothy Wilks, MD

Rebecca Wilson, PsyD



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The Fund provides financial support for SDBP programs such as:

- · SDBP Research Grant Award
- International and Underdeveloped Countries Scholarships
- General Fund for new programs to conduct the SDBP mission

#### **How You Can Help**

Support of the SDBP Development Fund is an important and vital way of promoting developmental and behavioral pediatrics through the many activities of SDBP. Contributions can be directed to the General Fund or to programs reflecting your specific interests. Donations can be made at any time and are tax deductible to the fullest extent permitted by law.

#### **Suggested Giving**

More than \$1000 Benefactor \$501-\$1000 Patron \$251-\$500 Supporter up to \$250 Contributor

For more information or to donate, please visit www.sdbp.org or call 703-556-9222.

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### **New SDBP Discussion Board**

#### "Like email, with benefits"

The SDBP Discussion Board is a new, powerful tool to multiply our collective knowledge within the Society. Using the Discussion Board is simple - as easy as sending an email, but it has many more benefits. Here are a few important features:

- Weekly Digest: First, you have control over how many emails you get from the
  Discussion Board. The Weekly Digest feature sends you weekly updates of new
  postings on any topic you subscribe to (e.g., Nurse Practitioners, ADHD). Posts from
  that topic will be sent to your email box once per week. From that email, you can click
  on any posts that interest you and you will automatically be re-directed to the
  Discussion Board where you can read more about that subject and add to it, if you
  choose.
- Archived Discussions: Second, all posts are categorized and archived, so that you will be able to search for past discussions by entering a key word.
- Challenging Cases: Third, Martin Stein and the Journal of Developmental and Behavioral Pediatrics, has allowed us to link to Dr. Stein's case studies, a terrific educational resource!

#### Get "On Board"

You can access the Discussion Board through the members only section of the <a href="www.sdbp.org">www.sdbp.org</a> website or through the following link <a href="http://www.sdbp.org/discussboard/discussboard.cfm">http://www.sdbp.org/discussboard/discussboard.cfm</a>. It's easy. Try it!

#### Posting a message:

- · Click on the appropriate topic
- · Select "Post a New Thread."
- Enter a Title
- Add Comment

#### Responding to a message:

- · Click on the appropriate topic
- · Click on the appropriate title
- Select Add Comment

#### The Discussion Board Needs You!

The Discussion Board will only succeed if it is used. We'd like to get things started with
a moderator who will seed discussions. If you're interested in serving as moderator for a
two-month term, please contact Damon Korb, MD at <a href="mailto:doctorkorb@devminds.com">doctorkorb@devminds.com</a>. (And,
many, many thanks to Damon for making all this happen! - eds.)



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## **Annual MCHB Fellowship Training Meeting**

Submitted by Gisela Porras

This year's MCHB Developmental-Behavioral Pediatrics Fellowship Training Meeting was held in Providence, RI. Participants included 65 faculty members and fellows from the 10 HRSA/MCHB sponsored DBP Programs. Jill Fussell from the University of Arkansas and Pam High from Brown (and Past President of SDBP) co-hosted the meeting. On day one, 25 fellows presented research in progress and received formative feedback. Later, while Project Officer Captain Nanette Pepper Callahan updated the faculty on program changes, the fellows met with Jamie Perry from Association of University Centers on Disabilities (AUCD) to learn about educational and advocacy opportunities and to network with each other. The evening ended with an interactive communication workshop lead by actors from Rhode Island's Improv Jones.

On day two, 13 fellows - 9 of whom are SDBP members - presented their completed research projects (see below). Lunch featured small group discussions on a variety of topics chosen by fellows faculty members Amy Salisbury, Sean Deoni, and Steve Buka presented their respective researches.

Day three included a Symposium on Life Course Trajectory and Advocacy featuring Harvard's Jack Shonkoff on toxic stress; Rhode Island's Title V Director Ana Novais on RI's state plan to improve health outcomes for children and families; and Executive Director of RI Kids Count Elizabeth Burke Bryant on indicators of child and family health, education and well-being. The meeting concluded with a workshop on electronic medical records, computer applications and Internet based resources to support clinical care, dissemination of information, and research and advocacy.

#### MCHB Fellow Presentations:

- Wilhelmina Hernandez; Boston University: Two languages and two cultures: A curriculum promoting early literacy in Hispanic families
- Yamini Howe; Brown: Gender Differences in Social, Emotional, and Adaptive Functioning in Higher Functioning Children with Autism Spectrum Disorders
- Manuel Jiminez; CHOP: Barriers to Evaluation for Early Intervention Services
- Irene Koolwijk; Boston Children's: "Complex" ADHD, more norm than exception? Referral questions, Diagnoses and Co-morbidities in a Developmental Clinic.
- Elisa Muniz; Einstein: Are Family Routines Associated with Racial/Ethnic Disparities in the Social-Emotional Health of Young Children?
- Jenny Radesky; Boston University: Unsoothable infant crying and maternal postpartum depression
- Marianne San Antonio; Yale: Do the Conditions of Administration Affect the Reliability of Developmental Screening
- Barbara Saunders; Arkansas: The Additional Impact of Intellectual Disability on Families of Children with Autism

- Katherine Steingass; Case Western: Periodic limb movements of sleep, serum ferritin levels, and sleep fragmentation on polysomnogram in Autism Spectrum Disorders
- Kimberlly Stringer; CHOP: Obesity and Academic Performance: Understanding the Relationship
- Adrienne Tedeschi; Case Western: Hearing Loss in Neonates with Down Syndrome
- Jennifer Walton; CHOP: Behavioral Health in Urban Primary Care: Factors Predicting Treatment Engagement
- Julie Youssef; Boston Children's: Periodic Limb Movements of Sleep, Serum Ferritin Levels, and Sleep Fragmentation on Polysomnogram in Autism Spectrum Disorders

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Comments/Suggestions? Please email the editors: Beth Wildman or Robert Needlman.

Next Newsletter Submissions

Due by July 26th

## Online Resources for Pediatric Mental Health Assessment and Interventions

Submitted by Ken Tellerman

The Emotional Health Committee of the AAP Maryland Chapter has launched a new website. Nicknamed BI-PED, the Brief Interventions in Mental Health for Pediatric Practitioners site provides tools to help primary care pediatricians manage common mental health problems. It also covers motivational interviewing, behavior modification, family communication, and billing.

Designed for busy practices, these materials also work for resident training. Check out the site at <a href="https://www.mdaap.org/biped.html">www.mdaap.org/biped.html</a>. Additional topics, audiotapes, and PowerPoint summaries are in the works.

The Emotional Health Committee project includes behavioral/developmental pediatricians, general pediatricians and psychologists. SDBP members on the Committee include Barbara Howard and Linda Grossman.

We welcome your feedback. Please send comments and questions to Ken Tellerman at <a href="mailto:ktpedmd@aol.com">ktpedmd@aol.com</a>

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collected from you (e.g., to confirm that we have your correct address), please contact us at info@sdbp.org. We will provide you with the opportunity to correct any errors.

**Security:** The SDBP has security practices in place to ensure the privacy of our users. For example, the membership database is on a secure area of the web server. However, even with these safeguards, there is no absolute guarantee of security from interception or unauthorized access. In the unlikely event of a breach despite our efforts, the SDBP shall not be responsible for the breach.

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Calendar of	Events	
Date	Events	Location
June 18-20, 2012	Head Start's 11th National Research Conference  June 18-20, 2012	Washington, DC
July 20, 2012	DSMIG-USA (Down Syndrome Medical Interest Group - USA) Annual Meeting and Clinical Symposium	Marriott Wardman Park, Washington, DC
Sept 7-10, 2012	SDBP Annual Meeting and Pre-Meeting Workshops	Phoenix, AZ
Sept 12-15, 2012	AACPDM 2012 Annual Meeting	Toronto, Canada
Sept 20-22, 2012	NPHTI's 3-day Pediatric Hypnosis Skill Training Workshop	Plymouth, MN
Oct 20-23, 2012	AAP 2012 National Conference	New Orleans, LA
Nov 8-10, 2012	24th Annual International Conference on ADHD	San Francisco, CA
Nov 14–18, 2012	APM 2012 Annual Meeting	Atlanta, GA
March 23-23, 2013	SBM's 2013 Annual Meeting and Scientific Session	San Francisco, CA
April 18-20, 2013	2013 SRCD Biennial Meeting	Seattle, WA
May 4-7. 2013	PAS 2013 Annual Meeting	Washington, DC
Sept 27-30, 2013	SDBP 2013 Annual Meeting and Pre-Meeting Workshops	Baltimore, MD

AAP 2013 National Conference

PAS 2014 Annual Meeting

**Session** 

SBM's 2014 Annual Meeting and Scientific

Oct 26-29, 2013

April 23-26, 2014

May 3-6, 2014

## **SPOTLIGHT**



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Oct 11-14, 2014	AAP 2014 National Conference	San Diego, CA
April 25–28, 2015	PAS 2015 Annual Meeting	San Diego, CA
Oct 24-27, 2015	AAP 2015 National Conference	Washington, DC
April 30 – May 3, 2016	PAS 2016 Annual Meeting	Baltimore, MD
Oct 22-25, 2016	AAP 2016 National Conference	San Francisco, CA
May 6-9, 2017	PAS 2017 Annual Meeting	San Francisco, CA
Sept 16-19, 2017	AAP 2017 National Conference	Chicago, IL

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