

## **President's Bulletin – January 2018**

**Nancy Lanphear, MD**

### **Happy New Year!**

It is hard to believe that December and 2017 have come and gone. As we enter 2018, I pause to reflect and be grateful for so many things in my personal and professional life. I hope that you take the opportunity to do the same. There are many articles that document the benefits we may experience by the simple practice of gratitude. If you are interested, these 2 links could help you get started.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3010965/>

<https://www.health.harvard.edu/healthbeat/giving-thanks-can-make-you-happier>

I am grateful for my family, friends, work which gives my life meaning, and the beauty of nature. I am also grateful to all who contribute to the work of SDBP. Many of you work throughout the year on projects and tasks which contribute to our society. Many are also able to make time or monetary contributions which help extend the reach of SDBP. Without active and engaged members, our society would not exist. Thanks to each of you for all of this!

Some updates:

#### **SDBP-NAPNAP pre-meeting conference**

This year in Anaheim, we will have our first joint educational conference with NAPNAP (National Association of Pediatric Nurse Practitioners). This will occur prior to the start of our annual meeting. Content will be case based and related to the complexities of diagnosis and management. More details will be available once finalized on our website. This workshop would be appropriate for advanced practice nurses, general pediatricians, subspecialty fellows and pediatric residents. Please help make this a success by **spreading the word** about this new endeavor.

#### **E-Library:**

Our **communications committee** is hoping to build the E-library as a clearing house with a broad array of materials and resources for members, that would be reviewed and vetted, and provide us with easy and efficient access. There are still many topics without submitted resources. Please consider sharing resources that you have created for others to use such as patient handouts, teaching or Powerpoint presentations, and interesting references or articles that your colleagues can use to provide better care and save time. Let's try to build and improve this valuable resource.

#### **International Developmental Pediatrics Association Meeting Dec 2017 Mumbai**

(information provided by Adrian Sandler, Vibha Krishnamurthy MD and Ilgi Ertem)

Adrian Sandler, Past President SDBP represented our society at the opening ceremonies of the IDPA. The meeting was a huge success. An SDBP directed donation has supported *The Milton and Marjorie Mentoring and Mingling Dinners* which have been a key component of both IDPA meetings. The international SIG and Adrian have played key roles in setting the foundation of SDBP-IDPA collaboration.

*"SDBP was well represented with several members (US and International), including past-Presidents Heidi Feldman and David Schonfeld. It was gratifying to see many SDBP members from other regions, including Singapore and elsewhere in Southeast Asia, Turkey, the Middle East and Africa."* -Adrian Sandler

**ICOR2 (International Collaborative Office Rounds)**

Carol Weitzman reported that there were 27 site applicants. All US time zones were represented and other countries included Nigeria, Rwanda, South Africa/Zimbabwe, India, China, Pakistan, Australia, and Nepal. Carol and Heidi Feldman presented a workshop at the IDPA in Mumbai on this project.

**Practice Guidelines for the care of children with complex ADHD**

Work continues on the creation of these guidelines with a task force led by Bill Barbaresi. Stay tuned!

Until next time,  
Nancy